

Department of Education
Region III
DIVISION OF CITY SCHOOLS
Angeles City

March 12, 2013

DIVISION MEMORANDUM

No. 22 S. 2013

ANNUAL PHYSICAL EXAMINATION OF TEACHING AND NON-TEACHING PERSONNEL

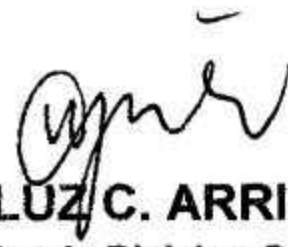
**To: Division Supervisors
Division Personnel
District Supervisors
Public Elementary and Secondary Principals /School Heads
Teaching and Non-Teaching Personnel**

1. Pursuant to DECS Memorandum No. 184, S 1993, DECS Memorandum No. 500 S. 1997 and Regional Memorandum No. 58, S. 2003 regarding Teacher's Health Welfare Enhancement Program and as a manifestation of concern by this Division on the health status of its employees, all teaching and non-teaching personnel are required to undergo annual physical check-up in compliance with the Civil Service Commission Memorandum Circular No. 17, s. 1989. This is to ensure that all personnel are physically fit to perform their assigned roles and functions.

2. Listed below are the different diagnostic examinations required by the Department to all employees **except for pregnant women in their first and second trimester of pregnancy**, who are advised to undergo **SPUTUM MICROSCOPY**.

- a) Chest X-ray (10x12)
- b) ECG
- c) Fasting Blood Sugar (FBS)
- d) Lipid Profile (Total Cholesterol, HDL, LDL and Triglycerides)
- e) Blood Urea Nitrogen (BUN)
- f) Blood Uric Acid (BUA)
- g) CBC
- h) Urinalysis
- i) Creatinine
- j) SGPT

3. All results should be submitted to the Medical and Dental Section of this Division on or before May 31, 2013. Please be advised that the submission deadline will be strictly followed hence everyone is encouraged to comply to avoid future conflicts or problems with regards to F 211 and Clearance submission.
4. All results will be attached to CS Forms 86 for filing, evaluation and intervention purposes.
5. All questions/clarifications shall be directed to the Medical/Dental Section of this Division.
6. Wide dissemination of this Memorandum is desired.



LUZ C. ARRIOLA
OIC - Schools Division Superintendent

ANNOUNCEMENT:

For those who have no health insurance, **STO. DOMINGO DIAGNOSTIC & MEDICAL CENTER CORP.** has submitted a letter of intent to render their services for the following package cost:

(For Regular/Permanent Employees)

Php 350.00

- a) Chest X-ray (10x12)
- b) ECG
- c) Fasting Blood Sugar (FBS)
- d) Lipid Profile (Total Cholesterol, HDL, LDL and Triglycerides)
- e) Blood Urea Nitrogen (BUN)
- f) Blood Uric Acid (BUA)
- g) CBC
- h) Urinalysis
- i) Creatinine
- j) SGPT

Be advised that the Mobile is on **VOLUNTARY** basis only and it is up to the employee if he/she wants to avail the said package.

Listed below are the schedules that the Mobile will be on stand by in the different Districts of this Division for your perusal.

Date	Venue	School
April 15 – 16, 2013	EAST DISTRICT	East District Schools, Division Office Personnel
April 17 – 18, 2013	NORTH DISTRICT	North District Schools
April 19 and 23, 2013	SOUTH DISTRICT	South District Schools
April 24 – 25, 2013	WEST DISTRICT	West District Schools
April 26, 2013	CLARO M. RECTO ICT HS	Secondary Schools