



Republic of the Philippines  
**Department of Education**  
REGION III  
SCHOOLS DIVISION OFFICE OF ANGELES CITY

Advisory No. 085, s. 2025

December 18, 2025

In compliance with DepEd Order (DO) No. 8, 2013,

This advisory is issued not for endorsement per DO No. 28, s. 2001,  
but only for the information of DepEd Officials, personnel/staff, as well as  
the concerned public.

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**HOLY FAMILY ACADEMY (HFA)**  
**GILAS Inter-School Competition**

Please be informed of the invitation of the Holy Family Academy, Angeles City, in celebration of its Fun-Time activity with the theme: "FUNmilians: Rekindling the Benedictine Spirit and Legacy", will hold **HFA GILAS Inter-School Competition**, which will include the activities for both Junior High School and Senior High School participants among the students from both public and private institutions on February 11-12, 2026.

Participation is voluntary.

Attached is the letter of invitation from the Holy Family Academy, Angeles City.

For your information and guidance.

Encl.: As stated  
ACY/CID-CES/December 18, 2025

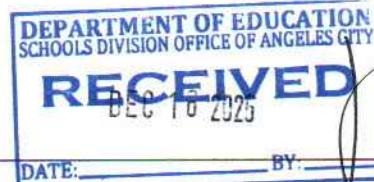




Holy Family Academy of Angeles, Pampanga, Inc.  
High School Department  
Friendship Highway, Cutcut, Angeles City  
SY 2025-2026



Date: December 15, 2025  
To: Engr. Edgardo C. Domingo  
PhD, CESO V  
School Division Superintendent  
Angeles City  
Re: HFA GILAS Inter-school Competition



Dear Sir:

Benedicte!

Holy Family Academy will hold its **Fun-Time Celebration on February 11–13, 2026**, with the theme **“FUNmilians: Rekindling the Benedictine Spirit and Legacy”** featuring the hashtag **#BackToFunHFA**. One of the highlights of this celebration is the **HFA GILAS Inter-School Competition**, which will take place on **February 11–12, 2026**.

The competition will feature the following events: **Academic Quiz Bee, Essay Writing Contest, Dagliang Talumpati/Impromptu Speech, Song, and Dance Contests**. These activities aim to foster camaraderie among participants while showcasing their talents and skills in various fields.

Enclosed are the **contest rules and regulations** for your guidance. Should public schools wish to participate, we kindly request submission of the **pre-registration form** through this email address: [sugay.johnvincent@hfa.edu.ph](mailto:sugay.johnvincent@hfa.edu.ph), on or before **January 12, 2026**.

We will be greatly honored by your presence and participation, and we sincerely hope that you will find our event worthy of your support.

Respectfully yours,

Mrs. Aurora M. Mutuc  
Principal

Noted by:  
  
Mr. John Vincent M. Sugay  
Student Activities Coordinator

Mr. Justin R. Pangilinan  
JHS Academic Coordinator

Mrs. Myleen T. Santos  
SHS Academic Coordinator

Approved by:

Sister M. Christine L. Pinto, OSB  
School Directress

## GENERAL RULES AND MECHANICS

1. All rules and regulations will be strictly followed
2. The overall champion will be determined by point system. In case of a tie, the school with the greatest number of first places will be awarded the position.
3. The breakdown of points for winners per event is as follows:

Event	1 <sup>st</sup>	2nd	3rd
Impromptu (English)	10 points	5 points	3 points
Impromptu (Filipino)	10 points	5 points	3 points
Essay Writing (English)	10 points	5 points	3 points
Essay Writing (Filipino)	10 points	5 points	3 points
Academic Quiz Bee	30 points	20 points	10 points
Poster Making	10 points	5 points	3 points
Solo Singing	15 points	10 points	5 points
Dance Competition	20 points	10 points	5 points
Battle of the Bands	20 points	10 points	5 points

4. Schools have the prerogative to choose the events they would like to join; however, this will reduce the number of points they can potentially garner to become overall champion.
5. There are no registration fees.
6. Judges' decisions are final and irrevocable.

## SCHEDULE OF EVENTS

Date	Activity	Time	Venue	Moderators – in – Charge
Day 1: February 11, 2026 (Wednesday)	English and Filipino Essay Writing Contest	9:00am - 11:00am	San Pedro Calungsod Bldg.: Instructional Media Center	Ms. Cherrylaine Sangalang Mr. JP Cbaral
	Poster Making Contest	9:00am - 11:00am	San Lorenzo Bldg.: Drafting Room	Mr. Ruben Cobilla Jr. Ms. Joan Aquino
	Impromptu Speech Dagliang Talumpati	8:00am - 12:00nn	St. Benedict Bldg.: St. Cecilia's Theatre	Ms. Erika Canlas Ms. May Ann Bantu Ms. Erika Canlas
	Battle of the Bands	1:30pm - 5:00pm	Covered Court	Ms. Neliza David Mr. Laurence Pasiliao Ms. Julianne Nicole Torres

Date	Activity	Time	Venue	Moderators – in - Charge
Day 2: February 12, 2026 (Thursday)	Academic Quiz Bee	8:00am – 12:00nn	San Pedro Calungsod Bldg.: Audio Visual Center	Mr. Edward Reyes Ms. Trisha Dimabuyu
	Solo Singing Competition	1:30pm – 5:00pm	Covered Court	Mr. Julianne Nicole Torres Mr. Laurence Pasiliao
	Dance Competition	1:30pm – 5:00pm	Covered Court	Ms. Fe David Ms. Mirzie Manalo



## IMPROMPTU SPEECH COMPETITION

### Guidelines and Mechanics

1. The participant must be a bona fide junior high school or senior high school student at the school he/she represents.
2. Each participant is given a maximum of one (1) minute to organize his/her thoughts and one to two (1-2) minutes to deliver the speech.
3. Each participant will choose a number that corresponds to the picture they need to interpret, explain and expound. The pictures may depict topics about anything under the sun.
4. A timer is flashed to let the participants be aware of the time.
5. If a contestant exceeds the allotted time limit, point deductions will be imposed. (1 point for every 15 seconds on their general average).
6. The participant must wear decent attire and not his/her school uniform.
7. Please fill out the registration form on line using the link on google document <https://tinyurl.com/HFAGilas2026> on or before February 5, 2026.
8. The winners will be awarded as Champion, 1<sup>st</sup> Runner Up, and 2<sup>nd</sup> Runner Up.
9. The decision of the board of judges is final and irrevocable.

### Criteria

Content	30%
Speech Structure and Organization	30%
Diction	25%
Delivery (Stage Presence and Overall Projection)	15%
<b>Total</b>	<b>100%</b>

**Moderators:** Ms. Erika Canlas – [canlas.erika@hfa.edu.ph](mailto:canlas.erika@hfa.edu.ph)

Mr. Ronilo Galang – [galang.ronilo@hfa.edu.ph](mailto:galang.ronilo@hfa.edu.ph)



## DAGLIANG TALUMPATI

Panuntunan at Pamantayan

1. Ang patimpalak ay bukas sa lahat ng paaralang pansekondarya.
2. Ang bawat paaralan ay magkakaroon lamang ng isang mag-aaral sa junior high school o senior high school bilang kalahok.
3. Ang bawat kalahok ay kinakailangang magsuot ng simpleng kasuotan at hindi ang kanyang unipormeng pampaaralan.
4. Pakiusap, punan ng mga kinakailangan detalye sa paglahok ang paunang rehistrasyon gamit ang link na <https://tinyurl.com/HFAGilas2026> sa Google Documents hanggang Pebrero 5, 2026.
5. Bawat kalahok ay bubunot ng numero para sa larawan na tatalakayin. Nasa pagkamalikhain at kritikal na pag-iisip ng kalahok kung paano niya iuugnay at palalawakin ang talumpati batay sa larawan. Marapat na maiugnay ito sa isyung panlipunan na kinakaharap ng bansa at mundo.
6. Binibigyan ang bawat kalahok ng isang (1) minuto bilang paghahanda sa kanilang talumpati matapos Makita ang larawang nabunot.
7. Pagkatapos, tatlong (3) minuto naman ang ibinibigay sa bawat kalahok upang ilahad ang kanilang talumpati.
8. Kabawasan ng isang puntos sa bawat 15 segundo na lalabis sa itinakdang oras sa kanyang kabuuang marka.
9. Ang mga nagsipag wagi ay tatanghalin bilang kampeon, una, at ikalawang gantimpala.

### Panukatan

Nilalaman ng Talumpati	35%
Organisasyon ng Ideya	30%
Kahusayan sa paggamit ng Wikang Filipino	20%
Anyo at Kilos sa Entablado (Kumpas, Ekspresyon, eye-contact)	10%
<b>Total</b>	<b>100%</b>

**Tagapangasiwa:** Bb. Jelsey Manlapaz – [manlapaz.jelsey@hfa.edu.ph](mailto:manlapaz.jelsey@hfa.edu.ph)  
Bb. May Ann Bantu – [bantu.mayann@hfa.edu.ph](mailto:bantu.mayann@hfa.edu.ph)



## ESSAY WRITING COMPETITION (ENGLISH AND FILIPINO)

### Guidelines and Mechanics

1. The essay writing contest is open to all bona fide Grades 7 – 12 high school students from the invited public and private schools in Pampanga.
2. Only one participant is allowed per school per category: one (1) for English and one (1) for Filipino. A participant may only join one category since the categories will be held simultaneously.
3. The participants shall wear their prescribed school uniform.
4. Please fill out the registration form online using the link on google document <https://tinyurl.com/HFAGilas2026> on or before February 5, 2026.
5. The participants must be at the contest venue 15 minutes before the contest proper. Latecomers will receive deductions from their total score.
  - 1 minute – 5 minutes late – 3 points
  - 6 – 10 minutes late – 4 points
  - 11 minutes and above – 5 points
7. The participants shall be given two (2) hours to develop their essay. The topic of the essay will be given on the competition day.
8. The participants are not allowed to use their phones inside the contest venue, especially for research purposes. No gadgets of any kind shall be allowed inside the contest venue.
9. Essay compositions are purely hand-written. No paraphernalia, books, papers, newspapers, or similar materials are allowed inside the contest venue. Violators will incur a 2-point deduction.
10. The participants must bring their own black pens. Sheets of paper will be provided by the proctors.
11. To ensure fairness in judging, each participant will be assigned a number. The participants must write only their assigned number on their paper. No participants shall write their name or name of their school on their essay.
14. Three (3) winners will be selected by the judges— Champion, 1st Runner-Up, and 2nd Runner-Up and they will receive plaques of recognition and cash prizes.
15. The decision of the Board of Judges is final and irrevocable.

#### Criteria

<b>Content</b> (Relevance to the Theme, Comprehensive Discussion of Insights, Originality)	50%
<b>Organization</b> (Clarity, Creativity, Unity and Consistency)	30%
<b>Mechanics</b> (Punctuation, Spelling, Capitalization, Grammar)	20%
<b>Total</b>	<b>100%</b>

**Moderators:** Ms. Cherrylaine Sangalang – [sangalang.cherrylaine@hfa.edu.ph](mailto:sangalang.cherrylaine@hfa.edu.ph)

Mr. Jaypee Cabral – [cabral.jaypee@hfa.edu.ph](mailto:cabral.jaypee@hfa.edu.ph)

**ACADEMIC QUIZ BEE****Mechanics and Guidelines**

1. Participants must be bona fide Junior High School students of the school they represent.
2. Each school must field one team composed of three (3) members.
3. All team members must wear their complete school uniform and valid student ID.
4. All three (3) members of each team shall participate in every round.
5. Contestants are expected to bring their own pens and/or pencils. Calculators are strictly not allowed in any part of the contest.
6. Questions will cover the following fields: Mathematics, Science, English Literature and Grammar, Filipino, Philippine and World History, General Information, Current Events, and Trivia.
7. Schools must accomplish the online pre-registration form via the Google document link <https://tinyurl.com/HFAGilas2026> on or before February 5, 2026.

**CONTEST PROPER****A. Elimination Round**

1. The elimination phase consists of **three rounds**: Easy, Average, and Difficult.
2. **Ten (10) questions** will be asked per round.
3. Each question in the **Easy Round** is worth **three (3) points**; in the **Average Round**, **five (5) points**; and in the **Difficult Round**, **seven (7) points**.
4. Each team will be provided with transparencies on which they shall write their answers. Transparencies must clearly indicate the **name of the school** represented.
5. Each question will be read **twice** by the Quizmaster. After the second reading, the Quizmaster will say “**GO**”, signaling the start of the time allotted for answering.
6. If an answer requires a **unit of measurement**, it must be explicitly written.
7. Any complaints must be addressed **directly to the Board of Jurors** by the coach or any team member **before the next question is read**. Complaints regarding previously asked questions will **no longer be entertained**.
8. The **decision of the Board of Jurors is final**.
9. The **top three (3)** scoring teams will advance to the Championship Round.
10. **Clincher questions** will be asked in case of ties.

**B. Championship Round**

1. The top three (3) teams will retain the ranking they obtained in the elimination round. The first-ranked team will be given the privilege to choose the block for the first question.
2. All three (3) teams will begin **outside the pyramid**.
3. The three teams will compete using the **pyramid method**.

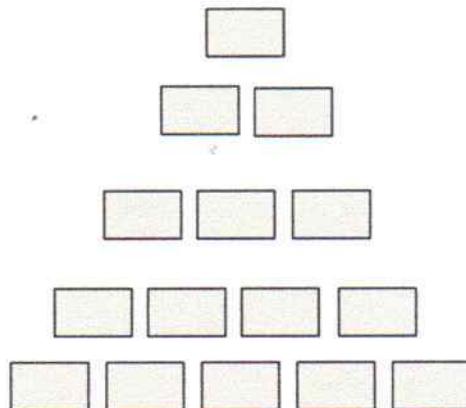


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4. The **first team to reach the top** of the pyramid will be declared the **Champion**. The team that is **first to be blocked** from moving up the pyramid will be declared the **Second Runner-Up**.
5. Teams may only advance by answering questions correctly. Other teams will be allowed to **steal** if the active team fails to answer.
6. Three winners will be declared: **Champion, First Runner-Up, and Second Runner-Up**.
7. **Certificates of Participation** will be awarded to all participating schools. Winners will receive **trophies and medals**.
8. The Champion team will be granted the privilege of taking home the **revolving trophy**.

**Moderators:** Ms. Trisha Dimabuyu – [dimabuyu.trisha@hfa.edu.ph](mailto:dimabuyu.trisha@hfa.edu.ph)

Mr. Edward Reyes – [reyes.edward@hfa.edu.ph](mailto:reyes.edward@hfa.edu.ph)



## POSTER MAKING COMPETITION

### Guidelines and Mechanics

1. The participant must be a bona fide junior high school or senior high school student at the school he/she represents.
2. Each participating school may send one representative who must bring their own art materials.
3. Please fill out the Pre-registration form on line using the link on google document <https://tinyurl.com/HFAGilas2026> on or before February 5, 2026.
4. Using the assigned theme, participants will create their artwork onsite within three (3) hours on a  $\frac{1}{4}$  illustration board (15x20 inches), using pastel colors as the primary medium.
5. A name tag will be provided. Participants must write their name and school on it and attach it to the back of their artwork.
6. All posters must be completed during the contest hours. Pre-made or partially done artworks are strictly prohibited.
7. Entries should be original, creative, and appropriate, without any offensive content.
8. The judges' decision is final and irrevocable.
9. Any form of plagiarism or violation of rules will result in disqualification.
10. Submitted posters may be used by the organizers for promotional purposes, with proper artist recognition.
11. Winners will receive medals and certificates.

#### Criteria

<b>Relevance to the Theme</b> (Artwork clearly reflects the assigned theme)	30%
<b>Originality and Creativity</b> (Unique concept and imaginative presentation)	30%
<b>Artistic Composition</b> (Balance, proportion, and overall visual appeal)	20%
<b>Skill and Technique</b> (Effective use of pastel colors and detailed execution)	20%
<b>Total</b>	<b>100%</b>

**Moderators:** Mr. Ruben Cobilla Jr. – [cobilla.ruben@hfa.edu.ph](mailto:cobilla.ruben@hfa.edu.ph)

Ms. Joan Aquino – [aquino.joan@hfa.edu.ph](mailto:aquino.joan@hfa.edu.ph)



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## SOLO SINGING COMPETITION

### Guidelines and Mechanics

1. Participants must be bona fide junior or senior high school students from the school they represent.
2. Each school is allowed only one (1) entry, regardless of gender.
3. Contestants may wear any decent attire appropriate to their chosen song.
4. Contestants may choose any English or Filipino song. (Medleys are not allowed.) Performance duration must be between 3 to 5 minutes, including entrance and exit. Timing begins once the contestant's name is called.
5. The minus one must be of high audio quality. All contestants must endorse their music to the technical booth 30 minutes before the start of the competition. The file name must include the contestant's name and school.
6. Please fill out the online registration form through the Google link <https://tinyurl.com/HFAGilas2026> on or before February 5, 2026.
7. Winners will be awarded as Champion, 1st Runner-Up, and 2nd Runner-Up.
8. The decision of the Board of Judges is final and irrevocable.

#### Criteria

Vocal Performance	40%
Musicality	30%
Vocal Clarity and Articulation	20%
Stage Presence	10%
<b>Total</b>	<b>100%</b>

**Moderator:** Ms. Julianne Nicole B. Torres — [torres.julianne@hfa.edu.ph](mailto:torres.julianne@hfa.edu.ph)



## DANCE COMPETITION

### Guidelines and Mechanics

1. The participants must be bona fide junior or senior high school students at the school they represent.
2. Each group should be composed of eight to ten members (10 - 15). Please fill out the registration form online using the link on google document <https://tinyurl.com/HFAGilas2026> on or before February 5, 2026.
3. The competition is open to all genre of dance such as hip hop, jazz, modern, contemporary, and others.
4. The presentation shall be limited to 3 – 5 minutes including the exit. Two points will be deducted from the total score in case of overtime. The timer will start on the first movement of the participants.
5. All groups must endorse their music to the technical booth 30 minutes before the start of the competition. All groups must also save their music in a flash drive for backup. The filename of the song should include the name of the school they represent.
7. The use of fireworks, pyrotechnic materials, live animals, or any analogous items as props is strictly prohibited.
8. Only three winners will be chosen by the judges: Champion, 1<sup>st</sup> Runner Up, and 2<sup>nd</sup> Runner Up
9. The decision of the board of judges is final and irrevocable.

#### Criteria

Choreography	45%
Execution	35%
Costume	10%
Overall Impact	10%
<b>Total</b>	<b>100%</b>

**Moderators:** Ms. Mirzie Manalo – [manalo.mirzie@hfa.edu.ph](mailto:manalo.mirzie@hfa.edu.ph)  
Ms. Fe David – [david.fe@hfa.edu.ph](mailto:david.fe@hfa.edu.ph)



## GILAS BATTLE OF THE BANDS

### Guidelines and Mechanics

1. The contest is open to all bona fide Junior and Senior High School students from both public and private schools.
2. Each participating school is allowed to send only one (1) group to the competition.
3. Each group must consist of three (3) to seven (7) members, including one (1) to five (5) instrumentalists and one (1) to two (2) singers.
4. Groups may be composed of all male, all female, or mixed members. Please fill out the registration form online using the link on google document <https://tinyurl.com/HFAGilas2026> on or before February 5, 2026.
5. All songs must be free from obscene or vulgar language, and any group performing songs with prohibited words will be automatically disqualified.
6. Each group is allotted a total of ten (10) minutes, which includes five (5) minutes for set-up, preparation, and sound check, and five (5) minutes for the actual performance.
7. The timer will begin once the group's name is officially called.
8. The first two (2) minutes of the performance must follow an 80s–90s theme, while the remaining minutes may feature any song of the group's choice.
9. Groups that exceed the allotted time will incur a five-point deduction from their total score.
10. The use of pyrotechnics, smoke effects, or any combustible materials is strictly prohibited.
11. The school will provide the amplifiers, drum set, microphones, and microphone stands, while all other instruments and equipment must be brought by the participants.
12. Three (3) winners will be selected by the judges—Champion, 1st Runner-Up, and 2nd Runner-Up—and they will receive plaques of recognition and cash prizes.
13. The decision of the Board of Judges is final and irrevocable.

#### Criteria

Musicality	50%
Performance	40%
Audience Impact	10%
<b>Total</b>	<b>100%</b>

**Moderators:** Mr. Laurence Pasiliao – [pasiliao.laurence@hfa.edu.ph](mailto:pasiliao.laurence@hfa.edu.ph)

Ms. Neliza David – [david.neliza@hfa.edu.ph](mailto:david.neliza@hfa.edu.ph)