



Republic of the Philippines  
**Department of Education**  
REGION III  
SCHOOLS DIVISION OFFICE OF ANGELES CITY

**ADVISORY NO. 035**, s. 2026  
May 5, 2026

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**EMERGENCY TRAINING COURSE 2026**

Please be informed of the **Council Memorandum No. 2, s. 2026** titled “**Emergency Service Training Course 2026**” the BSP – Angeles City Council will conduct an Emergency Training Course on May 15-17, 2026 at the BSP Training Center, Brgy. Sto. Domingo, Angeles City.

For information and guidance.

PYC/EPSvr-SGOD/May 05, 2026



April 23, 2026

DIVISION MEMORANDUM  
No. 02 s. 2026

### **EMERGENCY TRAINING COURSE 2026**

To: School Principals and Administrators of Public Integrated and Private Secondary Schools, Division BSP Coordinator, Council Commissioner for Senior Scout, District Commissioner and Outfit Advisor

1. The Boy Scouts of the Philippines – Angeles City will conduct Emergency Training Course on May 15-17-, 2026 at BSP Training Center, San Marcos Street. Sto. Domingo with the theme: “Be Prepared: Scouts for Peace and Sustainable Development “

2. OBJECTIVES: Upon completion of the training program, the participants will have:

- a. To develop skills in first aid and CPR, fire safety and suppression, search and rescue operation;
- b. To enhance teamwork and communication skills , promoting effective coordination and team cohesion;
- c. To strengthen situational awareness through improved assessment, decision making and crisis management abilities;
- d. To acquire knowledge of emergency protocol as well as legal and ethical responsibilities in disaster response;
- e. To engaged in public and community outreach focused on disaster preparedness and community resilience;
- f. To improved physical fitness and reliance, including physical conditioning and mental health awareness and,
- g. To improved one’s responsiveness and readiness in effectively handling national disaster.

3.: PARICIPANTS:

- a. Open to all rank and compulsory to outdoorsman, Venturer and Eagle Scout Rank.

4. REGISTRATION:

No Registration Fee shall be charged to each participant. Meals and other operating expenses shall be subsidized by the Especial Education Fund total of Fifty Thousand Pesos ( Php 50,000.00)



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*Participants are required to bring the following;*

- a. Type A. Uniform*
  - b. Plate, mug, spoon, fork, bowl*
  - c. Extra white T/shirt*
  - d. Personal hygiene*
  - e. Off lotion*
6. Participation of the teachers and learners shall be purely voluntary and will not hamper the instructional time in compliance with the provision of DepEd Order No. 022 s.2023 titled Implementing Guidance on the School Calendar and Activities for the School Year 2025-2026, and DO NO. 9 s. 2005 titles Instituting Measure off campus activities stated in DO No. 06, 2027
7. Enclosed are the list of advisory committees, participants project proposal, and the general program of activities.
8. Participant are requested to be at the venue on May 15, 2026 at 9:00 o'clock in the morning
9. Immediate dissemination of the contents of this Memorandum is earnestly desired.

A handwritten signature in black ink.

**JING C. MALIG**  
O.I.C / Council Scout Executive



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## PROJECT PROPOSAL

### I. Title

EMERGENCY SERVICE TRAINING COURSE 2026

### II. Rationale

The Boy Scouts of the Philippines, Angeles City Council, is always committed to the development of our scouts in keeping with National Memorandum No. 51, series 2012, titled "National Guideline and Procedure in Processing the Application for Eagle Scout Rank.

"A scout is never taken by surprise; he knows exactly what to do when anything unexpected happens," says Lt. General Stephenson Smyth Baden Powell.

It's something we don't want our scouts to be left behind in terms of emergency response. We make sure that each member can act in different scenarios and knows how to properly assess so that he/she can come up with a good solution.

Therefore, the BSP Angeles City Council, together with volunteered rover scouts, enhanced a joint training program called "**EMERGENCY SERVICE TRAINING COURSE**" with a theme "Be Prepared Scouts for Peace and Sustainability Development" anchored on the Emergency Service Corps. The training program took place at the BSP Training Center on San Marcos St. in Sto. Domingo, Angeles City, and at Tuscany Resort in Pandan, Angeles City on May 15, 16, and 17, 2026.

The suggested life-saving measure, which has several advantages, is one of the centerpieces.

1. **Immediate Response:** Understanding how to react can make the difference between life and death in situations like cardiac arrest, drowning, or serious bleeding. Lives can be saved by prompt action.
2. **Increased Preparedness:** Knowing how to perform life-saving techniques, such the Heimlich maneuver and CPR (cardiopulmonary resuscitation), gives scouts the self-assurance to act in an emergency at home, at school, or in public.
3. **Empowerment:** Acquiring life-saving skills enables scouts to take command in dire circumstances. In emergency situations, it lowers emotions of powerlessness and increases self-efficacy.
4. **Community Impact:** Communities that get life-saving training develop a culture of safety. It encourages more people to participate, increasing the number of people who are capable of responding to emergencies.
5. **Healthcare Collaboration:** Understanding life-saving methods can help scouts and medical experts work together more effectively during emergencies, ensuring that first care is more successful before medical assistance arrives.



6. **Promotion of Health Education:** A solid foundation in life-saving information frequently sparks additional interest in health education and awareness, which may encourage others to pursue similar knowledge.
7. **Reduction of Emergency Response Times:** The more scouts who have received life-saving training, the faster they can react to crises and shorten the time it takes for expert assistance to get there.
8. **Encouraging Preventive Measures:** Understanding risk factors and preventive actions, which can result in healthier lifestyle choices and lessen the likelihood of emergencies, is typically part of learning about life-saving tactics.
9. **Building Resilience:** The abilities and information acquired via life-saving training can enhance a community's general resilience by making scouts more capable of managing a range of emergencies.
10. **Saving Lives Beyond Emergencies:** A proactive attitude toward safety and well-being can be fostered in a variety of scenarios by applying the principles acquired in life-saving training to everyday situations.

The training course will also serve as an educational initiative to raise awareness about environmental conservation, outdoor safety, and self-sufficiency. It will target adventure enthusiasts, students, corporate groups, and individuals seeking to enhance their life saving skills.

### III. Objectives

Upon completion of the training program, the participants will have:

- ☐ To develop skills in first aid and CPR, fire safety and suppression, and search and rescue operations.
- ☐ To acquire knowledge of emergency protocols as well as legal and ethical responsibilities in disaster response.
- ☐ To enhance teamwork and communication skills, promoting effective coordination and team cohesion.
- ☐ To strengthen situational awareness through improved assessment, decision-making, and crisis management abilities.
- ☐ To engage in public education and community outreach focused on disaster preparedness and community resilience.
- ☐ To improve physical fitness and resilience, including physical conditioning and mental health awareness.
- ☐ To improve one's responsiveness and readiness in effectively handling national disasters.

### IV. Participants/Beneficiaries/Venue/Date

- ☐ Open to all lower rank and compulsory to outdoorsman, venturer and eagle scout rank.



☐ Venue: BSP Training Center San Marcos St. Sto. Domingo, Angeles City and Tuscany Resort Pandan, Angeles City

**V. Training Matrix**

**SCOUTS EMERGENCY SERVICE TRAINING COURSE**

Training Matrix

**DAY 1: Friday**

**Date: May 15, 2026**

<b>TIME</b>	<b>SUBJECT/ACTIVITY/SESSION</b>	<b>IN-CHARGE/INSTRUCTOR</b>
0700 – 0800 H	Arrival and registration	<b>COUNCIL</b>
0800 – 0900 H	<b>OPENING CEREMONIES</b>	<b>SENIOR CREW</b>
	a. At the Flag Area	
	b. At the Session Hall	
0900 – 1000 H	<b>DEFINING COURSE OBJECTIVES</b>	<b>PROPONENT</b>
	a. Managing Expectations	
	b. Objectives set by the BSP and Participants	
	c. Course Requirements and Standards	
1000 – 1030 H	Break	
	ACDRRMO	
1030 – 1200	<b>INTRO TO RA 10121: PHILIPPINE DISASTER RISK REDUCTION MANAGEMENT FRAMEWORK</b>	<b>ACDRRMO</b>
	a. Republic Act 10121 Salient Features	
	b. Anatomy of Disaster / HydroMet & Geo Hazards	
	c. DRRM Framework & Thematic Areas	
	d. Global Warming & Climate Change Adaptation	
	e. Hazard, Risks, Vulnerabilities, Capacities Assessment	
	i. Communication & Early Warning Systems	
	ii. Rapid Damage Assessment Needs Analysis and Reporting	
1200 – 1300 H	Lunch break	
1300 – 1500 H	<b>ESSENTIAL PRINCIPLES OF DISASTER &amp; EMERGENCY PREPAREDNESS AND RESPONSE WITH ICS</b>	<b>ACDRRMO</b>
	a. Intro to Incident Command System	
	b. Mass Casualty Incident and Triage Mobilization Procedures	
	c. Disaster/Emergency Operations Centers (EOC/DOC)	
	d. Introduction to Search and Rescue Systems	
	e. CISD/Promoting Bio Psycho-Social Health & Well-Being of all Survivors and Rescuers	
	f. Relief Operations, Camp Administration &	



Evacuation Management using Sphere Standards

1500 – 1530 H	Working break	
1500 – 1700 H TRANSFERS	EMERGENCY RESCUE, EXTRICATION, CARRIES AND PATIENT	
1700 – 2000 H	<b>THE HUMAN BODY AND ANATOMY: PATIENT ASSESSMENT: FBAO MANAGEMENT BASIC LIFE SUPPORT: AR AND CPR</b>	<b>DOCTOR</b>
	a. SAMPLE Vitals b. Head-to-Toe Examination c. Foreign Body Airway Obstruction Management d. Artificial Resuscitation or Rescue Breathing e. Cardio-Pulmonary Resuscitation	
1800 – 1900 H	DINNER BREAK AND REST PERIOD	
1900 – 2000 H	<b>EMERGENCY FIRST AID</b>	<b>DOCTOR</b>
2000 – 2100 H	<b>MANAGEMENT OF TRAUMA INJURIES: SCI, Bones, Tissues, Muscles</b>	<b>PT</b>
	<b>SPECIALIST</b>	
2100 – 2130 H	Counselor’s Minute/TAPS/Lights Out/Rest Period	Senior Team Leader

**DAY 2: Saturday**

**Date: May 16, 2026**

<b>TIME</b>	<b>SUBJECT/ACTIVITY/SESSION</b>	<b>IN-</b>
0500 – 0600 H Leader	Wake-Up/Wash-Up/Reveille/Morning Routine/Exercise	Team
0600 – 0700 H Leaders	Cooks-Out/Breakfast/Morning Prayers/Reflections	Team
0700 – 0800 H	Course Inspection/Flag Ceremonies/Awards & Recognition	SCL
0800 – 0900 H	Breakfast – going to Tuscany Resort, Pandan Angeles City	OAs
0900 – 1200 H	<b>Preparation for BASE METHOD</b> <b>Base 1. 8 Basic Swim Defense</b> <b>Base 2. Life Saving demonstration</b> <b>Base 3. Basic swimming (bubbling, control breathing, kick and swim glide)</b> <b>Base 4. ADVANCED ROPEMANSHIP/ CAMPCRAFT AND WOODCRAFT</b>	
	<b>SKILLS</b> <b>Base 5. First Aid</b>	
1000-1030 H	Working Break	



1200 – 1300 H	LUNCH BREAK AND REST PERIOD	
1300 – 1700 H	<b>SWIMMING DEMONSTRATION</b> <b>Group 1. Free Style</b> <b>Group 2. Elementary back stroke</b> <b>Group 3. Kick and swim glid</b> <b>Group 4. Team building</b> <b>Group 5. Throw, Reach, Row (human bowline)</b>	
1500 – 1530 H	Working break	
17:00 – 1900 H	<b>Return to campsite</b>	
1900 – 2000 H	DINNER BREAK AND REST PERIOD	
2000 – 2100 H	<b>TRAFFIC MANAGEMENT AND ROAD SAFETY</b>	<b>ACDO</b>
	a. Crowd Control during Vehicular Accident b. Traffic Rules and Regulations c. Calling for Help and Medical Assistance	
2100 – 2200 H	<b>NATIONAL TRAFFIC SYSTEM: Net Call</b>	<b>AMATEUR RADIO</b>
	a. Amateur Radio Emergency Service b. Ham Emergency Radio Operations c. Coding & Decoding Morse Code Skills Test	
2200 – 2230 H	Counselor's Minute/TAPS/Lights Out/Rest Period	Senior Team Leader
<b>DAY 3: Sunday</b>		<b>Date: May 17, 2026</b>
0500 – 0600 H	Wake-Up/Wash-Up/Reveille/Morning Routine/Exercise	Team
0600 – 0700 H	Cooks-Out/Breakfast/Morning Prayers/Reflections	Team
0700 – 0800 H	Course Inspection/Flag Ceremonies/Awards & Recognition	SCL
0800 – 1000 H	<b>FUNDAMENTALS OF FIREMANSHIP</b> <b>BASIC FIREFIGHTING, FIRE DRILLS EXERCISES</b>	<b>FIRE</b>
	<b>DEPARTMENT</b> a. The Triangle of FIRE b. Fire Buckey Relay by Team Competition c. Using Fire Extinguishers	
1000-1030 H	<b>Break and preparation for Closing ceremony</b>	
1030 – 1200 H	CLOSING	

\*\*\* HOME SWEET HOME \*\*\*

**VI. Budgetary Requirements**

- Rental for Venue:	₱	100.00
- 5 Meals (1 lunch, 2 breakfast and 2 dinner)		350.00
- Materials and Supplies and Administrative Expenses:		50.00
Total Estimated Budget:	₱	<u>500.00</u>

In words: Five Hundred Pesos only

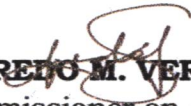


## VII. Monitoring and Evaluation

To ensure the effectiveness of the Emergency Service Training Course (ESTC), the following monitoring and evaluation strategies will be implemented:

- **Pre-Event Survey:** Participants will complete a pre-event survey to assess their current understanding of the training process and identify any specific areas of need.
- **Participation Tracking:** Attendance will be recorded, and active participation will be encouraged throughout the sessions.
- **Post-Event Evaluation:** A post-event survey will be administered to gather feedback on the session's content, delivery, and overall effectiveness. Participants will also be asked to evaluate how confident they feel in applying the knowledge gained.
- **Follow-Up Support:** Periodic check-ins will be conducted with participants to monitor the application of learned strategies in their units. Additional support will be provided as needed to ensure that the objectives of the ESTC sessions are fully met.

Proponent:

  
**ALFREDO M. VERSOZA**  
Commissioner on Advancement  
BSP Angeles City Council

Checked by:

  
**JEFFERSON S. GOMEZ**  
Commissioner on Program

Approved by:

  
**JING C. MALIG**  
OIC/ Council Scout Executive



### Committees

Alfredo M. Versoza	Proponent / over-all chairman	Commissioner on Advancement / ALT
Jing C. Malig	Honorary chairman	O.I.C / CSE / ALT
Jefferson S. Gomez	Commissioner on Program	WBH
Vhi Liao	Commissioner on Training	ALT
Elmer Dayrit, EdD	Commissioner on Senior Scout program	Training team
Alvin T. Agustin	Committee on food	ALT
Mike Justine Bognot	Mobilization / communication	BTC
Rechelda Estipular	Logistic	Rover Scout
Harry Marcelo	Secretariate / documentation / certificate and awards	WBH with CML
Maria Mia M. Soriano	Technical Working Group - Coordinator	ALT

1. Scout leader Homer S. De Guzman	Accompanying Adult	Angeles City National High School
2. Scout leader Marvin Osoyos R. Villamer	Accompanying Adult	Angeles City National Trade School
3. Scout leader Jeffrey D. Aguilar	Accompanying Adult	Angeles City Science High School
4. Scout leader Bryan Bien M. Nanquil	Accompanying Adult	AMSIC Integrated School
5. Scout leader Arnold Tupaz	Accompanying adult	Bonifacio V. Romero High School
6. Scout leader Denzel Lyle Bautista	Accompanying Adult	Claro M. Recto ICT HS
7. Scout leader Merjude Sanga	Accompanying Adult	Dr. Clemente N. Dayrit Sr. Memorial High School
8. Scout leader Richard T. Mendoza	Accompanying Adult	Gov. Rafael L. Lazatin Memorial High School
9. Scout leader Paul Oliver G. Pili	Accompanying Adult	Holy Angel University
10. Scout leader Jonell Bacall	Accompanying Adult	Malabanas Integrated School
11. Scout leader Ronald S. Cabral	Accompanying Adult	Northville 15 Integrated School



12. Scout leader Raffa Mico Viado	Accompanying adult	Rafael L. Lazatin Integrated School
13. Scout leader Simone Stipular	Accompanying adult	Sabang Bato National High School
14. Scout leader Mark Daniel P. Fernando	Accompanying adult	Sto. Domingo Integrated School
15. Scout leader Mike Justine Bognot	Accompanying adult	Systems Plus College Foundation

Participants for EMERGENCY SERVICE TRAINING COURSE - May 15, 16, 17, 2026 from Friday to Sunday

No	School	Name of Scouts	Rank	Contact No.	gmail account
1	ACNHS	Bulanadi, Zian Rain T.	Explorer,	09629815905,	<a href="mailto:zianbulanadi16@gmail.com">zianbulanadi16@gmail.com</a>
2	ACNHS	Castro, Jhon-mark E.	Explorer	09659107589,	<a href="mailto:castrojhonmark12@gmail.com">castrojhonmark12@gmail.com</a>
3	ACNHS	Ecleo, John Paul B.	Explorer,	09357369662,	<a href="mailto:ecleojohnpaul81@gmail.com">ecleojohnpaul81@gmail.com</a>
4	ACNHS	Fairbanks, Owen D.	Pathfinder,	09932115021,	<a href="mailto:owenfairbanks@gmail.com">owenfairbanks@gmail.com</a>
5	ACNHS	Guiao, Roeni Dan L.	Explorer	993 560 8193,	<a href="mailto:guiaoroenidan@gmail.com">guiaoroenidan@gmail.com</a>
6	ACNHS	Perez, Isaiah C.	Explorer,	09334291988,	<a href="mailto:isaiahthegreat0428@gmail.com">isaiahthegreat0428@gmail.com</a>
7	ACNHS	Reambillo, Calix Ryan A.	Membership,	09602990258,	<a href="mailto:calixryan.1223@gmail.com">calixryan.1223@gmail.com</a>
8	ACNHS	Regala, Jonnie Ron L.,	Explorer,	09942983305 ,	<a href="mailto:jonnieron132@gmail.com">jonnieron132@gmail.com</a>
9	ACNTS	Lagman, Liane	member,		<a href="mailto:lianelagman81@gmail.com">lianelagman81@gmail.com</a>
10	ACNTS	Landayan Francis Jedrick M.	Outdoorscout,	09319323549,	<a href="mailto:francisrlandayan713@gmail.com">francisrlandayan713@gmail.com</a>
11	ACSCI	Artacho, Aroen Rex D.	Eagle Scout,	09929919527,	<a href="mailto:aroen09artacho@gmail.com">aroen09artacho@gmail.com</a>
12	ACSCI	Fabia, Maico Gabriel L.	Explorer,	09671207366,	<a href="mailto:maicogabriefabia@gmail.com">maicogabriefabia@gmail.com</a>
13	ACSCI	Rogelio D. Manalang III,	Eagle Scout,	09064560611,	<a href="mailto:rogeliollmanalang@gmail.com">rogeliollmanalang@gmail.com</a>
14	ACSCI	Vinluan, Ezekiel F.	Outdoorsman,	09951270916,	<a href="mailto:ezikielvinz123@gmail.com">ezikielvinz123@gmail.com</a>
15	AMSIC IS	Baldiviano, Zackhe Kiel J.	Member,	0936 970 7151,	<a href="mailto:baldivianozackhe@gmail.com">baldivianozackhe@gmail.com</a>
16	AMSIC IS	Dacles, Michaella Q.	Explorer,	09682482984,	<a href="mailto:michqd0@gmail.com">michqd0@gmail.com</a>
17	AMSIC IS	John Michael Eder	Explorer	09946695942,	<a href="mailto:johnmichaeder@gmail.com">johnmichaeder@gmail.com</a>
18	AMSIC IS	Mabutas, Ryanna Jane C.	Member,	09617043681,	<a href="mailto:yangmbts24@gmail.com">yangmbts24@gmail.com</a>
19	AMSIC IS	Miclat, Princess Samantha	Explorer,	0963 056 1516,	<a href="mailto:miclatsamantha98@gmail.com">miclatsamantha98@gmail.com</a>
20	BVRHS	De Ocera, Jeyah	MEMBER		
21	BVRHS	Garcia, Ramzen	EXPLORER		
22	BVRHS	Glarido, Gean Carlo P.	OUTDOORSCOUT		
23	BVRHS	Jawod, Jerilou,	MEMBER		
24	BVRHS	Ocampo, Sean Marion -	PATHFINDER		
25	BVRHS	Santos, Christoeff	MEMBER		



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26	CMR-ICT HS	Artacho, Jules Marcial D.	Outdoorsman,	09944172834,	<a href="mailto:julesmarcialartacho711@gmail.com">julesmarcialartacho711@gmail.com</a>
27	CMR-ICT HS	Balbuena, Calejl Joshua Matej A.	Membership,	09183314366,	<a href="mailto:J90723206@gmail.com">J90723206@gmail.com</a>
28	CMR-ICT HS	Calilung, Kristein Rouen R.	Outdoorsman,	0923426886,	<a href="mailto:Kristeincalilung2010gmail.com">Kristeincalilung2010gmail.com</a>
29	CMR-ICT HS	Garcia, Dawn Anael M.	Membership,	09272413818 ,	<a href="mailto:dawnanaelg@gmail.com">dawnanaelg@gmail.com</a>
30	CMR-ICT HS	Gozun, Jurell Mathew L.	Explorer,	09761639532,	<a href="mailto:gozunmatthew3@gmail.com">gozunmatthew3@gmail.com</a> ,
31	CMR-ICT HS	Mendoza, Jaison Randolff B.	Membership,	09308157904,	<a href="mailto:jaisonrandolff@gmail.com">jaisonrandolff@gmail.com</a>
32	CMR-ICT HS	Sasaki, Charles Wataru P.	Explorer,	0956 274 6814,	<a href="mailto:charlessasaki@gmail.com">charlessasaki@gmail.com</a>
33	CS	Angelo Theo V. Santiago	Venturer		
34	CS	Christian Mark Maglaya	Eagle Scout	9632271565	<a href="mailto:christianmaglaya472@gmail.com">christianmaglaya472@gmail.com</a>
35	CS	Justine Raymundo	Eagle Scout	09505467740	<a href="mailto:Justinraymundo06@gmail.com">Justinraymundo06@gmail.com</a>
36	DCNDSMHS	De Jesus, Jose Gabriel E,	Explorer,	09701898418,	<a href="mailto:gabriel235166@gmail.com">gabriel235166@gmail.com</a>
37	DCNDSMHS	Difontorum, Prince Amiel B.	Member,	09204858971,	<a href="mailto:prince.bdif11@gmail.com">prince.bdif11@gmail.com</a>
38	DCNDSMHS	Gaces, Joseph Ethan S.	Member,	09238276425,	<a href="mailto:joseph.ethan1512@gmail.com">joseph.ethan1512@gmail.com</a>
39	GROLLIS	Manalang, France R.	outdoorsman,	09931538461,	<a href="mailto:manalangfrance15@gmail.com">manalangfrance15@gmail.com</a>
40	GROLLIS	Matas, Richard D.	explorer,	N/A,	<a href="mailto:richardmatas7@gmail.com">richardmatas7@gmail.com</a>
41	HAU	Antoine Nebur Almoro,	Explorer,	09935134324,	<a href="mailto:antoinenebur27@gmail.com">antoinenebur27@gmail.com</a>
42	HAU	Carl John Calma,	Explorer,	09358986889,	<a href="mailto:carljohncalma07@gmail.com">carljohncalma07@gmail.com</a>
43	HAU	Kurt Brielle Miclat	Membership	9327429557	<a href="mailto:kurtbrielle@gmail.com">kurtbrielle@gmail.com</a>
44	HAU	Neilsen B. Caronan,	Explorer,	09280631791,	<a href="mailto:neilsenbcaronan@gmail.com">neilsenbcaronan@gmail.com</a>
45	HAU	Ronquillo, James M.	Explorer,	09085034959,	<a href="mailto:jamesronquillo2011@gmail.com">jamesronquillo2011@gmail.com</a>
46	MIS	Agudelo, sheldon Keith L.	Explorer	9671251325	<a href="mailto:sheldonkieth1212@gmail.com">sheldonkieth1212@gmail.com</a>
47	MIS	Capison, Zean Clarence M.	Outdoor Scout,	09327292026,	<a href="mailto:capisonzean@gmail.com">capisonzean@gmail.com</a>
48	MIS	ChrizziaMae L. Toleroso,	Outdoor Scout,	09815777708,	<a href="mailto:tolerosochrizziamae12@gmail.com">tolerosochrizziamae12@gmail.com</a>
49	MIS	Delos Reyes, Brent G.	Explorer,	09913565469,	<a href="mailto:delosreyesbrent08@gmail.com">delosreyesbrent08@gmail.com</a>
50	MIS	Delos Santos, Stephanie Mische C.	Pathfinder	9941078848	<a href="mailto:delossantosstephaniemische@gmail.com">delossantosstephaniemische@gmail.com</a>
51	MIS	Domingo, Patricia Nicole M.	Outdoor Scout,	09910327112,	<a href="mailto:domingopatricianicole10@gmail.com">domingopatricianicole10@gmail.com</a>
52	MIS	Ermac, Celine Mae A.	Outdoor Scout,	09614697057,	<a href="mailto:celinealmocera23@gmail.com">celinealmocera23@gmail.com</a>
53	MIS	Ermac, Lindsay Mae Joy A.	Outdoor Scout,	09614697059,	<a href="mailto:emaclindsay7@gmail.com">emaclindsay7@gmail.com</a>
54	MIS	Jarabe, Kent C.	Outdoor Scout,	09947361326,	<a href="mailto:jarabekent@gmail.com">jarabekent@gmail.com</a>
55	MIS	Marasigan, Francis Lloyd P.	Outdoorscout	0961 170 0286	<a href="mailto:francismarasigan1103@gmail.com">francismarasigan1103@gmail.com</a>
56	MIS	Miller, Nielsen Jhaz P.	Outdoor Scout,	09478091389,	<a href="mailto:jhazmiller21@gmail.com">jhazmiller21@gmail.com</a>
57	MIS	Quizon, Prince Cyler S.	Eagle Scout,	09926637921,	<a href="mailto:princequizon21110@gmail.com">princequizon21110@gmail.com</a>
58	MIS	Tabucol, Annegilie Diane D.	Outdoor Scout,	09932883160,	<a href="mailto:annegiliediane@gmail.com">annegiliediane@gmail.com</a>
59	NORTHVILLE15	Balala Rovie T,	Outdoorsman,	09622138565,	<a href="mailto:urrrovie13@gmail.com">urrrovie13@gmail.com</a>
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100	SPCF	Suarez, Jared Francis B.	Explorer,	09660499980,	jaredfransuarez1020@gmail.com

Proponent:

Checked by:

  
**ALFREDO M. VERSOZA**  
 Commissioner on Advancement  
 BSP Angeles City Council

  
**JEFFERSON S. GOMEZ**  
 Commissioner on Program

Approved by:

  
**JING C. MALIG**  
 OIC/ Council Scout Executive

**EMERGENCY SERVICE TRAINING COURSE  
 PARENTAL PERMIT**

Name : \_\_\_\_\_ School : \_\_\_\_\_

Rank : \_\_\_\_\_ Date of last BOR : \_\_\_\_\_ Contact No. : \_\_\_\_\_

\_\_\_\_\_



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Position in Scouting : \_\_\_\_\_ Date of Birth : \_\_\_\_\_  
 Father's name : \_\_\_\_\_ Contact number : \_\_\_\_\_  
 Mother's Name: \_\_\_\_\_ Contact number : \_\_\_\_\_  
 Guardian's name : \_\_\_\_\_ Contact number : \_\_\_\_\_  
 Home address : \_\_\_\_\_ Telephone number : \_\_\_\_\_

### APPROVAL OF PARENTS

I hereby approve this application and certify its corrections. In consideration of the benefits to be derived. I expressly waive any and all claims against the Boy Scouts of the Philippines or its representative on account of any incident, injury, or damage to personal property that occurs beyond the control of the Angeles City Council or Advancement Team.

However, the BSP has provided and instituted adequate safety measures and precautions in connection with the participation of my son or daughter in the said event.

Signature over printed name  
 name  
 Father / Mother / Guardian

Signature over printed name  
 Outfit Advisor

Signature over printed  
 School Principal

Date signed: \_\_\_\_\_  
 \_\_\_\_\_

Date signed: \_\_\_\_\_

Date signed:

Name of scout : \_\_\_\_\_

School : \_\_\_\_\_

### MEDICAL HISTORY

**This form must be completed and signed by the parent/guardian, prior to the physical examination, for review by examining practitioner. Explain 'YES' answers below with number of the question.**



<b>GENERAL QUESTIONS</b>	<b>YES   NO</b>	<b>REMARK S</b>
1. Has a doctor ever denied or restricted your participation in sports specially <b>SWIMMING &amp; PHYSICAL FITNESS</b> for any reason or told you to give up sports?	YES   NO	
2. Do you have an ongoing medical condition (like diabetes, asthma, anemia, infarctions, allergy)?	YES   NO	
3. Are you currently taking any prescription or nonprescription (over-the-counter) medicines or pills?	YES   NO	
4. Do you have allergies to medicines, pollens, foods or stinging insects?	YES   NO	
5. Have you ever spent the night in a hospital?	YES   NO	
6. Have you ever had surgery?	YES   NO	
<b>HEART HEALTH QUESTIONS ABOUT YOU</b>		
7. Have you ever passed out or nearly passed out DURING exercise?	YES   NO	
8. Have you ever passed out or nearly passed out AFTER exercise?	YES   NO	
9. Have you ever had discomfort pain, tightness or pressure in your chest during exercise?	YES   NO	
10. Does your heart race or skip beats (irregular beats) during exercise?	YES   NO	
11. Has a doctor ever ordered a test for your heart? (ECG/EKG, echocardiogram, stress test)	YES   NO	
12. Do you get tight headed or feel more short of breath than expected during exercise?	YES   NO	
13. Have you ever had an unexplained seizure?	YES   NO	
14. Do you get more tired or short of breath more quickly than your friends during exercise?	YES   NO	
<b>HEART HEALTH QUESTIONS ABOUT YOUR FAMILY</b>		
15. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden deaths before the age of 50 (including unexplained drowning, unexplained car accident, or sudden infant syndrome)	YES   NO	
16. Has anyone in your family had unexplained fainting, unexplained seizures or near drowning?	YES   NO	
<b>BONE AND JOINT QUESTIONS</b>		
17. Have you ever had an injury, like sprain, muscle or ligament tear or tendonitis that caused you to miss a practice or game?	YES   NO	
18. Have you had any broken or fractured bones or dislocated joints?	YES   NO	
19. have you ever had an injury that requires x-ray for neck instability?	YES   NO	
20. Do you regularly use a brace or other assistive device?	YES   NO	
21. Do you have a bone, muscle or joint injury that bothers you?	YES   NO	
22. Do any of your joints become painful, swollen, feel warm or look red?	YES	



	NO	
<b>MEDICAL QUESTIONS</b>		
23. Has a doctor ever told you that you have asthma or allergies?	YES   NO	
24. Do you cough, wheeze, experience chest tightness, or have difficulty breathing during or after exercise?	YES   NO	
25. Is there anyone in your family who has asthma?	YES   NO	

<b>This form must be completed and signed by the parent/guardian, prior to the physical examination, for review by examining practitioner. Explain 'YES' answers in the REMARKS.</b>	<b>YES   NO</b>	<b>REMARKS</b>
26. Have you ever used an inhaler or taken asthma medicine?	YES   NO	
27. Do you develop a rash or hives when you exercise?	YES   NO	
28. Were you born without or are you missing kidney, an eye, a testicle (males) or any other organ?	YES   NO	
29. Do you have groin pain or painful bulge or hernia in the groin area?	YES   NO	
30. Have you ever had <b>Dengue hemorrhagic fever</b> infection?	YES   NO	
31. Do you have any rashes, pressure sores or other skin problems?	YES   NO	
32. Have you ever had a head injury or concussion?	YES   NO	
33. Have you ever had a hit or blow to the head that caused confusion prolonged headache or memory problem?	YES   NO	
34. Have you ever had a history of seizure (convulsion)?	YES   NO	
35. Do you have headaches with exercise?	YES   NO	
36. Have you ever had numbness, tingling or weakness in your arms or legs after being hit or falling?	YES   NO	
37. Have you ever been unable to move your arms or legs after being hit or falling?	YES   NO	
38. Have you ever become ill after exercising in the heat?	YES   NO	
39. Do you get frequent muscles cramps when exercising?	YES   NO	
40. Have you had any problems with your eyes or vision?	YES   NO	



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41. Have you had any eye injuries?	YES   NO	
42. Do you wear glasses or contact lens?	YES   NO	
43. Do you wear protective eyewear such as goggles or face shield?	YES   NO	
44. Do you have any concerns that you would like to discuss with a doctor?	YES   NO	
45. Have you ever received <b>dengvaxia vaccine</b> ? If Yes, how many dose?	YES   NO	
46. Do you have <b>G6PD (Glucose 6 Phosphate Dehydrogenase)</b> condition?	YES   NO	
<b>FEMALES ONLY</b>		
47. Have you ever had a menstrual period?	YES   NO	
48. Have you ever had menstrual cramps?	YES   NO	
49. How old were you when you had your first menstrual period?		
50. How many menstrual periods have you had in the last year?		

**NOTES:**

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I do not know of any existing physical or addition health reason that would preclude participation in sports specially **SWIMMING & PHYSICAL FITNESS ACTIVITIES**. I certify that the answers to the above questions are true and accurate and I approve participation in the athletic activities.

\_\_\_\_\_  
 Parent/Guardian Signature over Printed Name

\_\_\_\_\_  
 Scout Signature over Printed Name

\_\_\_\_\_  
 Contact No. and date signed

\_\_\_\_\_  
 Contact No. and date signed