

**PANTAWID PAMILYANG PILIPINO PROGRAM**

**Training on the Conduct of Youth Development**

**Sessions (YDS) for Field Implementers**

**Schedule of Activities**

**Batch 1**- 2 groups (August 23-24, 2016 @ Nueva Ecija)

**Batch 2**- 2 groups (August 25-26, 2016 @ Zambales)

**Batch 3**- 2groups (August 30- 31, 2016 @ Pampanga)

**Batch 4**- 2 groups (September 1-2, 2016 @ Pampanga)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| TIME |  | | ACTIVITY |  | | RESPONSIBLE PERSON | |
| DAY 1 | | |  | | |  | |
| 7:30-8:30 AM |  | Arrival and Registration | |  | **Training Team** | | |
| 8:30-8:45 AM |  | **Opening Amenties**  > Invocation  > Opening Prayer  > Singing of National Anthem | |  | **Training Team** | | |
| 8:45-9:00 AM |  | **Inspirational Talk** | |  | **Dir. Gemma B. Gabuya**  Regional Director | | |
| 9:00-9:30 AM |  | **Pre-Training Orientation**  > Introduction of Participants  > Leveling of Expectations  > Objective Setting  > Groupings and Taskings | |  | Training Team | | |
| 9:30-10:30 AM |  | **Session 1: Pantawid Overview**  > Program Overview  > Features and Design  > Program Principles | |  | **Tomasa T. Lirio**  Regional Program Coordinator | | |
| 10:30-12:00 NN |  | **Orientation on The Youth** **Development Session (YDS)**  > Basics of YDS  > Proper conduct of YDS  > Issues and Concerns | |  | **Joanne Marie Q. Victa**  Regional YDS Focal Person | | |
| 12:00-1:00 PM |  | **Lunch Break** | |  |  | | |
| 1:00-2:00 PM |  | **Lecture ″Facilitation Skills in the Conduct of YDS″** | |  | **Ronsan M. Pelariza**  Regional FDS Focal Person | | |
|  | Major Topics in the Conduct of YDS | | | | | | |
| 2:00-2:45 PM |  | **Lecture “The Brain”** | |  | **Social Welfare Officer III** | | |
| 2:45-3:30 PM |  | **Session 2: “Metamorphosis of a Person”** | | **Group 1** | | | |
| 3:30-4:15 PM |  | **Session 3: ″Your Changing Body″** | | **Group 2** | | | |
| 4:15-5:00 PM |  | **Session 4: ″Your Changing Minds″** | | **Group 3** | | | |
| DAY 2 | |  | | | | |  |
| 8:00-8:30 AM |  | **Morning Activities**  > Morning Praise and Prayer  > Energizers and Unfreezers  > Recap of Previous Learnings | |  | **Training Team** | | |  |
| 8:30-9:30 AM |  | **Session 5: ″Body Image and Healthy Lifestyle″** | | **Group 4** | | | |
| 9:30-10:30 AM |  | **Session 6: ″Your Changing Emotions″** | | **Group 5** | | | |
| 10:30-11:15 AM |  | **Session 7: ″Expressing Your Emotions″** | | **Group 6** | | | |
| 11:15-12:00 PM |  | **Session 8: ″Changing Role and Expectations″** | | **Group 7** | | | |
| 12:00-1:00 PM |  | **Lunch Break** | | **Group 8** | | | |
| 1:00-1:45 PM |  | **Session 9: ″Defining Your Identity″** | | **Group 9** | | | |
| 1:45-2:30 PM |  | **Session 10: ″Appreciating Your Self-Worth″** | | **Group 10** | | | |
| 2:30-3:15 PM |  | **Session 11: ″Discovering Your Destiny″** | | **Group 11** | | | |
| 3:15-4:00 PM |  | **Re-Entry Action Planning and Next Steps**  **Presentation of Workshop Outputs** | | **Joanne Marie Q. Victa**  SWO III / YDS Focal Person | | | |
| 4:00-4:15 PM |  | **Closing Remarks** | | **ARD. Venus F. Rebuldela**  Assistant Regional Director for Operations | | | |
| 4:15-5:00 PM |  | **Closing Activities**  > Reflections and Insights  > Overall Synthesis  > Evaluation of Activity  > Distribution of Certificates  > Closing Prayer | | Training Team | | | |