

**PANTAWID PAMILYANG PILIPINO PROGRAM**

**Training on the Conduct of Youth Development**

**Sessions (YDS) for Field Implementers**

**Schedule of Activities**

**Batch 1**- 2 groups (August 23-24, 2016 @ Nueva Ecija)

**Batch 2**- 2 groups (August 25-26, 2016 @ Zambales)

**Batch 3**- 2groups (August 30- 31, 2016 @ Pampanga)

**Batch 4**- 2 groups (September 1-2, 2016 @ Pampanga)

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| TIME |  | ACTIVITY |  | RESPONSIBLE PERSON |
| DAY 1 |  |  |
| 7:30-8:30 AM |  | Arrival and Registration |  | **Training Team** |
| 8:30-8:45 AM |  | **Opening Amenties**> Invocation> Opening Prayer> Singing of National Anthem |  | **Training Team** |
| 8:45-9:00 AM |  | **Inspirational Talk** |  | **Dir. Gemma B. Gabuya**Regional Director |
| 9:00-9:30 AM |  | **Pre-Training Orientation**> Introduction of Participants> Leveling of Expectations> Objective Setting> Groupings and Taskings |  | Training Team |
| 9:30-10:30 AM |  | **Session 1: Pantawid Overview**> Program Overview> Features and Design> Program Principles |  | **Tomasa T. Lirio**Regional Program Coordinator |
| 10:30-12:00 NN |  | **Orientation on The Youth** **Development Session (YDS)**> Basics of YDS> Proper conduct of YDS> Issues and Concerns |  | **Joanne Marie Q. Victa**Regional YDS Focal Person |
| 12:00-1:00 PM |  | **Lunch Break** |  |  |
| 1:00-2:00 PM |  | **Lecture ″Facilitation Skills in the Conduct of YDS″** |  | **Ronsan M. Pelariza**Regional FDS Focal Person |
|  |  Major Topics in the Conduct of YDS |
| 2:00-2:45 PM |  | **Lecture “The Brain”** |  | **Social Welfare Officer III** |
| 2:45-3:30 PM |  | **Session 2: “Metamorphosis of a Person”** | **Group 1** |
| 3:30-4:15 PM |  | **Session 3: ″Your Changing Body″** | **Group 2** |
| 4:15-5:00 PM |  | **Session 4: ″Your Changing Minds″** | **Group 3** |
| DAY 2 |  |  |
| 8:00-8:30 AM |  | **Morning Activities**> Morning Praise and Prayer> Energizers and Unfreezers> Recap of Previous Learnings |  | **Training Team** |  |
| 8:30-9:30 AM |  | **Session 5: ″Body Image and Healthy Lifestyle″** | **Group 4** |
| 9:30-10:30 AM |  | **Session 6: ″Your Changing Emotions″** | **Group 5** |
| 10:30-11:15 AM |  | **Session 7: ″Expressing Your Emotions″** | **Group 6** |
| 11:15-12:00 PM |  | **Session 8: ″Changing Role and Expectations″** | **Group 7** |
| 12:00-1:00 PM |  | **Lunch Break** | **Group 8** |
| 1:00-1:45 PM |  | **Session 9: ″Defining Your Identity″** | **Group 9** |
| 1:45-2:30 PM |  | **Session 10: ″Appreciating Your Self-Worth″** | **Group 10** |
| 2:30-3:15 PM |  | **Session 11: ″Discovering Your Destiny″** | **Group 11** |
| 3:15-4:00 PM |  | **Re-Entry Action Planning and Next Steps** **Presentation of Workshop Outputs** | **Joanne Marie Q. Victa**SWO III / YDS Focal Person |
| 4:00-4:15 PM |  | **Closing Remarks** | **ARD. Venus F. Rebuldela**Assistant Regional Director for Operations |
| 4:15-5:00 PM |  | **Closing Activities**> Reflections and Insights> Overall Synthesis> Evaluation of Activity> Distribution of Certificates> Closing Prayer | Training Team |