



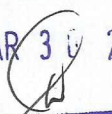
Department of Education
Region III
DIVISION OF CITY SCHOOLS
Angeles City



March 29, 2017

RELEASED

MAR 30 2017

By 
DepED Angeles City
Division of City Schools

DIVISION MEMORANDUM

No. /22 S. 2017

ANNUAL PHYSICAL EXAMINATION OF TEACHING AND NON-TEACHING PERSONNEL

**To: Division Supervisors
Division Personnel
District Supervisors
Public Elementary and Secondary Principals /School Heads
Teaching and Non-Teaching Personnel**

1. Pursuant to DECS Memorandum No. 184, S 1993, DECS Memorandum No. 500 S. 1997 and Regional Memorandum No. 58, S. 2003 regarding Teacher's Health Welfare Enhancement Program and as a manifestation of concern by this Division on the health status of its employees, all teaching and non-teaching personnel are required to undergo annual physical check-up in compliance with the Civil Service Commission Memorandum Circular No. 17, s. 1989. This is to ensure that all personnel are physically fit to perform their assigned roles and functions.

2. Listed below are the different diagnostic examinations required by the Department to all employees **except for pregnant women in their first and second trimester of pregnancy**, who are advised to undergo **SPUTUM MICROSCOPY**.



- a) Chest X-ray (10x12)
- b) ECG
- c) Fasting Blood Sugar (FBS)
- d) Lipid Profile (Total Cholesterol, HDL, LDL and Triglycerides)
- e) Blood Uric Acid (BUA)
- f) CBC
- g) Urinalysis
- h) Creatinine
- i) SGPT

3. The cost of these laboratory examinations is Php 500.00. All results should be submitted to the Medical and Dental Section of this Division on or before June 30, 2017. Please be advised that the submission deadline will be strictly followed hence, everyone is encouraged to comply to avoid future conflicts or problems with regards to F 211 and Clearance submission.

4. The results will be attached to CS Forms 86 for filing, evaluation and intervention purposes. Questions/clarifications shall be directed to the Health and Nutrition Section of this Division.

5. Attached are the schedule, venue and some reminders.

6. Wide dissemination and compliance to this Memorandum is desired.


LEILANI S. CUNANAN, CESO VI
Officer In Charge 
Office of the Schools Division Superintendent

REMINDERS:

For those who have no health insurance, **STO. DOMINGO DIAGNOSTIC & MEDICAL CENTER CORP.** has submitted a letter of intent to render their services for the following package cost:

(For Regular/Permanent Employees)

Php 500.00

- a) Chest X-ray (11x14)
- b) ECG
- c) Fasting Blood Sugar (FBS)
- d) Lipid Profile (Total Cholesterol, HDL, LDL and Triglycerides)
- e) Blood Uric Acid (BUA)
- f) CBC
- g) Urinalysis
- h) Creatinine
- i) SGPT
- j) FREE EYE REFRACTION
- k) FREE GIVE AWAY

Be advised that the Mobile is on **VOLUNTARY** basis only and it is up to the employee if he/she wants to avail the said package.

***FASTING= Last meal is 10-12 hrs before the procedure**

CHANGE OF SCHEDULES:

Listed below are the schedules that the Mobile will be on stand by in the different Districts of this Division for your perusal.

DATE : APRIL 17, 2017

VENUE: ANGELES ELEMENTARY SCHOOL

SCHOOLS :

East District Schools

South District Schools

Division Office Personnel

APRIL 18, 2017

VENUE: ANGELES ELEMENTARY SCHOOL

FGNMHS

GRLIS

Bonifacion Romero HS/ Senior High

DATE: APRIL 19, 2017

VENUE: ANGELES ELEMENTARY SCHOOL

SCHOOLS:

Sto. Domingo IS

Northville IS

Angeles City Nation Trade School High School/Senior High

DATE: APRIL 20, 2017

VENUE: NORTH DISTRICT OFFICE

North District

West District

Sapangbato HS / Sapangbato Senior High

Date: April 21, 2017

VENUE: NORTH DISTRICT OFFICE

Angeles City National High School/ Senior High

Amsic IS High School

RLLMHS / Senior High

Date: April 24, 2017

VENUE: NORTH DISTRICT OFFICE

CMRICTHS

ACSHS

Malabanas IS High School