



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF ANGELES CITY



15 Sep 2023

DIVISION MEMORANDUM
No. 334, s. 2023

**DIVISION OBSERVANCE OF THE SUICIDE PREVENTION AWARENESS MONTH
(SPAM)**

To : Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

1. In the observance of the Suicide Prevention Awareness Month, the Schools Division of Angeles City, through the School Governance and Operations Division-School Health and Nutrition Unit (SHNU) enjoins all public schools in the advocacy campaign with the theme of this year: **“Together we can #BeTheLight and through action we can build a world were suicides are not as prevalent**, the whole month of September 2023.

2. The activity aims:

- 2.1 to conduct advocacy campaign and school activities on suicide prevention awareness;
- 2.2 to provide mental health and psychosocial support services to learners at risk of mental health; and
- 2.3 to develop strategies that promote school mental health and suicide prevention.

3. Schools are suggested to create videos for Suicide Prevention Awareness, post pictures and motivational quotation/messages in the social media, and recite pledge of support of school personnel and learners during the flag ceremony and creation of School Support group/help desk.

4. Moreover, schools are also requested to post the hotline number of National Center for Mental Health (NCMH). The Crisis Hotline provides assistance on a 24-hours, seven days a week basis for free to individuals with mental health problems especially those who are in crisis and at risk of suicide.

Nationwide landline toll-free: 1553
Globe and TM Subscribers: 0917-899-8726
0966-351-4518
Smart and TNT Subscribers: 0908-639-2672



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Addition to this the **Kaibigan Chat Line** a non-government organization that connects an individual to a trained adolescent provides FREE mental health and psychosocial support. <https://www.facebook.com/kaibiganchatline2022>

5. Immediate and wide dissemination of and strict compliance with this Memorandum are earnestly desired.

RONALDO A. POZON, PhD, CESO V
Schools Division Superintendent

Encl.: As stated

Reference: none

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION

JCD/NURSEII/September 15, 2023