



Republic of the Philippines
Department of Education
Region III
Schools Division of Angeles City



06 October 2023

DIVISION MEMORANDUM

No. **358**, s.2023

CONDUCT OF SALIKABATAAN MENTAL HEALTH AWARENESS WORKSHOP

To: Assistant Schools Division Superintendent
OIC-Chief ES, CID
Chief ES, SGOD
Heads of the Secondary Schools
Division Mental Health Coordinator
SSLG Officers

1. Please be informed that the Schools Division of Angeles City in collaboration with the Angeles City Youth Development Office will conduct a workshop titled, **#SaliKabataan Mental Health Awareness on October 14, 2023 (Saturday)** from 7:30am to 5:00pm, at the Gabaldon Building, Pulungbulu Angeles City.
2. The workshop aims to:
 - 2.1 provide mental health awareness and well-being among the youth of Angeles City;
 - 2.2 empower the SSLG Officers to become advocates for mental health awareness within their respective schools; and
 - 2.3 promote learners' resiliency and well-being in all public schools, build student/school connectedness to reduce vulnerabilities and increased coping skills of learners in achieving academic progress and improve oneself.
3. The participants are the Supreme Secondary Learner Government (SSLG) Officers in the public secondary schools.
4. Parental consent must be presented on the day of the activity.
5. Immediate and wide dissemination of and compliance to this Memorandum are desired.


RONALDO A. POZON PhD, CESO V
Schools Division Superintendent

Encl.: As stated
Reference: As stated
To be indicated in the Perpetual Index
under the following subject:
HEALTH EDUCATION WORKSHOP
LEARNERS SECONDARY EDUCATION

NMM/YPC/October 6, 2023



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Republic of the Philippines
Department of Education
Region III
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#SALIKABATAAN MENTAL HEALTH AWARENESS WORKSHOP
October 14, 2023 (Saturday) @ Gabaldon Bldg. SDO Angeles City

PROGRAM OF ACTIVITIES

Time	Activity
7:00 - 8:00 AM	Arrival and Registration
8:00 - 8:15 AM	Invocation
8:15 - 8:40 AM	Welcoming Remarks
8:40 - 9:00 AM	Energizer & Roll Call
9:00 - 10:30 AM	Session 1. How can young people contribute in building mentally healthier communities? - Angeles City Youth Development Office Speaker:
10:30 - 12:00 NN	Session 2. How to communicate like a Pro? - City Social Welfare Development office Speaker:
12:00 - 1:00 PM	Lunch break
1:00 - 1:15 PM	Energizer & Roll Call
1:15 - 2:30 PM	Session 3. How can strategic partnerships upscale your impact? - UNICEF Speaker:
2:30 - 4:00 PM	Session 4. How can advocaes take cxare of theme selves too? - Teen Center (City Health Office) Speaker:
4:00 - 4:30 PM	Awarding of certificates

*TWG: Noli M. Manalo
Cindy S. Mejia
Jennyfer Dungca



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