



Republic of the Philippines
Department of Education
 REGION III
 SCHOOLS DIVISION OFFICE OF ANGELES CITY

18 Oct 2024

DIVISION MEMORANDUM

No. 380 s. 2024

ONE HEALTH WEEK FOR SCHOOL YEAR 2024-2025

To: Assistant Schools Division Superintendent
 Chief Education Supervisors
 Public School District Supervisors
 Public Elementary and Secondary School Heads
 All Others Concerned

- In line with the Department of Education’s commitment to promote health and well-being among learners and personnel, this office through the Bureau of Learner Support Services, and Division School Health and Nutrition unit enjoins all Non-Teaching Personal to invite/or mobilize schools in their areas of jurisdiction to participate in the celebration of One Health Week as institutionalized by DepEd Order (DO) No. 28, s. 2018 titled Policy and Guidelines on Oplan Kasulugan sa Department of Education. The said celebration is set from October 21 to 25, 2024.
- The theme for this School Year’s One Health Week will be “OK sa Dep Ed Ang Eskwelahang Healthy”, which reflects the DepEd’s commitment to intensifying school health programs under OK sa DepEd as the means to ensure that schools become “healthy learning institutions” or safe and healthy environments that promote the wellbeing and holistic development of learners.
- The SHN personnel shall provide technical assistance in the conduct of the following suggested school activities.

OKD-HLI Pillar	Suggested Activities
Healthy School Policy - Health promotion policies and/or plans with adequate funding are present and implemented in the school	<ul style="list-style-type: none"> Conduct of orientation/ awareness activities on <i>OK sa DepEd and Healthy Learning Institution</i> programs, focusing on promoting the health, safety, and well-being of learners in schools.



Jesus St., Brgy. Pulungbulu, Angeles City 2009 (045)
[901-9498](tel:901-9498)/angeles.city@deped.gov.ph



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	<ul style="list-style-type: none"> • In coordination with the Supreme Learner Government Conduct of a one-day learner activity designed to empower health promoting advocacies and foster a sense of civic responsibility.
<p>Healthy School Policy - Health promotion policies and/or plans with adequate funding are present and implemented in the school</p>	<ul style="list-style-type: none"> • Conduct of orientation/ awareness activities on <i>OK sa DepEd and Healthy Learning Institution</i> programs, focusing on promoting the health, safety, and well-being of learners in schools. • In coordination with the Supreme Learner Government Conduct of a one-day learner activity designed to empower health promoting advocacies and foster a sense of civic responsibility.
<p>Health Skills and Education Health is integrated into the curriculum and teachers are prepared for their role as key participants in health promotion</p>	<ul style="list-style-type: none"> • Integration of health topics into regular classes to reinforce the importance of maintaining physical and mental health. • Conduct of health and hygiene drills (e.g., handwashing, toothbrushing) • Conduct of school gardening activities to highlight important health and nutrition concepts. • Conduct of Daily exercises, school sports and recreational activities to promote healthy active lifestyles Highlighting the importance of nutrition and balanced diets in the curriculum • Conduct of fora/ symposiums on health and wellness • Strengthening the integration of the CSE-ARH concepts in the curriculum



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<p>Social School Environment - The school ensures that the quality of relationships among staff and students promotes health and wellbeing</p>	<ul style="list-style-type: none">•Conduct of activities for socialization among and between learners, school personnel, and other stakeholders, such as recreational and sports activities, engaging in brainstorming sessions and group activities that reinforce the importance of health•Conduct of wellness activities for school personnel and learners•Conduct of peer health navigation such as but not limited to substance use prevention, ARH peer health activities, and mental health support. This may be done in coordination with the Supreme Learner Government (SLG) under the supervision of the guidance counselor/designate and/or their respective teacher-advisers.
<p>Physical School Environment. The physical environment is safe, secure, healthy, and inclusive for the school community before, during, and after school hours</p>	<ul style="list-style-type: none">•Display/ posting of IEC materials reinforcing key messages related to the OK sa DepEd programs•Designating/ making available areas and facilities for playground and sports activities that can be utilized in the promotion/ use of activities that contribute to health and wellness•Conduct of Open house activities in school canteens featuring healthy food and beverage choices



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<p>Access to Health Care - Basic and emergency health services are available in school; Internal and external referral systems are functional</p>	<ul style="list-style-type: none"> • Basic medical and dental health check-ups, referral and treatment made available for learners and personnel, especially during the One Health Week or the School Health Month (e.g., volunteer doctors, dentists, and nurses may be invited to provide such services to learners) • Conduct of psychosocial screening and assessment (HEEADSSS) for SDO's with functional referral mechanisms
<p>Links with the Community - The school community collaborates and engages with parents/guardians and local stakeholders to recognize mutual benefits</p>	<ul style="list-style-type: none"> • Involvement of parents and community partners for the effective implementation of school health programs and activities • Establishment of school sports club • Collaboration with the Local Government Units, as the latter also have their own iterations and initiatives relative to drug prevention. Experts from barangay and/or community health centers may be mobilized to act as resource persons in seminars and/or lectures. Or the LGU may be utilized to establish partnership with health-related external organization the LGUs have prior connection with. • Conduct of fora with parents/ guardians as participants of lectures and/or seminars on drug abuse prevention and other health related programs of the Ok sa DepEd. This is crucial in their role as primary caregivers in the promotion of health and wellness among learners and the school community n general • Conduct of orientation on membership, rules and activities of sports and other school clubs



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4. Division Kick-off activity for the One Health Week shall be on October 21, 2024- and shall be conducted as follows:
 - 4.a – Dance Exercise (Project Fit) after Flag Ceremony
 - 4.b – Blood Pressure monitoring of all Division Personnel.
 - 4.c – Blood Glucose monitoring of all Division Personnel (RBS)

5. All schools are required to submit a soft copy of the activities conducted during the said celebration at <https://tinyurl.com/OKD-SHNU-SDOAC>

6. Questions and/or Clarification concerning the Celebration shall be directed to the SHNU.

ENGR. EDGARD C. DOMINGO PhD, CESO V
Schools Division Superintended

Reference: As stated
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION OBSERVANCES
SCHOOLS

SGOD/SHNU-DRA BATUL/Oct. 18, 2024



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