



Republic of the Philippines  
**Department of Education**  
REGION III  
SCHOOLS DIVISION OFFICE OF ANGELES CITY

31 Jan 2025

**DIVISION MEMORANDUM**  
No 44, s. 2025

**LOCALIZED GUIDELINES ON THE PREVENTION OF HAND, FOOT, AND MOUTH DISEASE (HFMD)**

To: Chief CID and SGOD  
Unit Heads  
Public Elementary and Secondary Principals / School Heads

1. Hand, Foot, and Mouth Disease (HFMD) is a contagious viral illness that commonly affects young children, but it can affect individuals of all ages. It is caused by the Coxsackie virus opposed to chicken pox which caused by varicella virus. Symptoms include fever, sores in the mouth and blisters rashes on the palms of the hands and soles of the feet. Spread is through contact with respiratory droplets, saliva, and stool on surfaces contaminated by the virus.

2. In this light, the following localized guidelines on the prevention of Hand, Foot, and Mouth Disease (HFMD) are hereby set for implementation:

a. When confirmed cases of HFMD are identified in the school or office, immediate steps must be taken to prevent its spread and ensure the safety and health of the students and staff:

**Step 1.** Notify Division Health Authorities or Immediate Supervisors/Heads by reporting all confirmed and unconfirmed cases to help track the spread of the disease so appropriate measures can be taken.

**Step 2.** Keep a log of all confirmed cases including the dates of symptoms onset, grade level and areas of the school or office where students and staff have been presented to help with contact tracing and minimizing further spread.

b. Isolate infected individuals by exhibiting signs and symptoms of HFMD and be sent home immediately; they should remain at home at least 24 hours. After their fever is gone and sores have started to heal, they have been given clearance from a health provider.

c. Encourage frequent handwashing with soap and water, especially after using the bathroom and before eating.



Jesus St., Brgy. Pulungbulu, Angeles City 2009  
(045) 901-9498/angeles.city@deped.gov.ph



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d. Remind students and staff to cover their mouths and noses with handkerchiefs or tissues or with their inner elbows when coughing or sneezing.

e. Frequently clean and disinfect highly touched surfaces such as tables, chairs, desks, doorknobs, and faucets.

f. If possible, send out official notification to all parents/guardians, or family members explaining the situation, providing symptoms and signs of HFMD, and outlining what steps they should take if their child shows signs of illness.

3. Immediate and wide dissemination of this memorandum is enjoined.

**ENGR. EDGARD C. DOMINGO PhD, CESO V**  
Schools Division Superintendent *u*

Reference: DOH DM 2022-0572 City Memorandum No. 317, Series of 2025  
To be indicated in the Perpetual Index  
under the following subjects:

HEALTH EDUCATION

ADVOCACY *u*

SGOD/SHNU-MOIII-BATUL / JAN312025



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