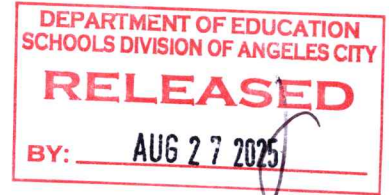




Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF ANGELES CITY



27 August 2025

DIVISION MEMORANDUM

No. 275, s. 2025

CLUSTER-BASED SCHEDULING SYSTEM OF MANDATORY PHYSICAL EXAMINATION FOR ATHLETES AND COACHES PARTICIPATING IN UPCOMING SPORTS EVENTS

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

1. In compliance with the provisions of DepEd Order No. 22, s. 2025 and Republic Act No. 10588, otherwise known as the *Palarong Pambansa Act of 2013*, and in coordination with the Philippine Sports Commission (PSC) and the Department of Health (DOH) Guidelines on Medical Clearance for Sports Participation, the Department of Education (DepEd) emphasizes the importance of ensuring the health and safety of all student-athletes and coaches.
2. To this end, and in line with the objective of safeguarding the physical well-being of participants, this Office hereby mandates the conduct of a thorough Physical Examination for all athletes and coaches prior to their participation in the upcoming sports competitions. This requirement must be fulfilled before any athlete or coach is allowed to take part in the aforementioned events.
3. The mandated physical examination is a preventive measure aimed at determining the medical fitness of all athletes and coaches and ensuring their readiness for strenuous physical activities during the competitions.
4. However, considering the limited manpower, with only one (1) Division Medical Officer, two (2) Division Dentists, and a limited number of school nurses deployed across various school clusters, the conduct of physical examinations shall follow a cluster-based scheduling system, wherein:
 - School nurses will conduct initial health screening and physical examinations in their assigned schools/clusters.
 - The Division Medical Officer and Division Dentists shall conduct scheduled visits to each cluster for final review, medical evaluation, and approval of athletes and coaches' assessment.



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5. The primary objectives of conducting the mandatory physical examination for athletes and coaches are as follows:
 - To ensure that all athletes and coaches undergo proper medical assessment and are officially cleared to participate in any sports competition;
 - To prevent potential health-related incidents or emergencies during the course of the sports competitions by identifying medical conditions in advance; and
 - To promote efficient and effective delivery of health services in consideration of the limited availability of healthcare personnel and resources.
6. All designated school sports focal persons are required to coordinate closely with their assigned cluster nurses and submit the official lists of participating athletes and coaches per sports event at least two (2) months prior to the scheduled competition. This will ensure sufficient time for the planning and conduct of the mandatory physical examinations.
7. The School Health and Nutrition Unit shall consolidate submissions and release a Division-wide physical examination schedule in coordination with the Medical Officer.
8. To maintain examination quality, each cluster shall limit daily assessments to **40** students per day, unless adjusted based on nurse/DMO availability and school size.
9. All cluster schools are required to strictly observe the following guidelines in preparation for the physical examinations:
 - Ensure that the Athletes and Coaches' Health Assessment Forms are completely and properly accomplished by each athlete and coach prior to the scheduled physical examination. **No physical assessment shall be conducted for athletes and coaches with incomplete or unaccomplished forms;**
 - Secure signed parental consent forms for each participating athlete, as a prerequisite for any medical examination; and
 - Maintain school-level copies of all accomplished forms for documentation and reference purposes.
10. The Schools Division Office, through the School Governance and Operations Division (SGOD), shall monitor compliance and provide technical assistance. Any deviation from the protocol must be justified in writing and approved by the Schools Division Superintendent.
11. For strict compliance and widest dissemination.



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ENGR. EDGARD C. DOMINGO PhD CESO V
Schools Division Superintendent 

References: DepEd Order No. 22, s 2025
Republic Act No. 10588
Palarong Pambansa Act of 2013

DAB/MO-SGOD/August 27, 2025