



Republic of the Philippines  
**Department of Education**  
REGION III  
SCHOOLS DIVISION OFFICE OF ANGELES CITY

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14 May 2026

**DIVISION MEMORANDUM**  
No. 197, s. 2026

**CONDUCT OF CAPACITY BUILDING ON SOCIAL WELL-BEING AND  
WORKPLACE RELATIONSHIP FOR SDO ANGELES CITY ADMINISTRATIVE  
PERSONNEL**

To: Assistant Schools Division Superintendent  
Chief, Education Program Supervisors  
School Heads of Public Elementary and Secondary Schools  
Division Unit Heads  
All Others Concerned

1. The Schools Division Office of Angeles City recognizes the vital role of administrative personnel in ensuring efficient, supportive, and harmonious school and office operations. As frontliners in public service, both school-based and division personnel face various pressures, interpersonal demands, and workload challenges that may impact their mental health, emotional stability, and workplace relationships. To address these, the Division proposes a two-day Capacity Building on Social Well-Being and Workplace Relationship to strengthen resilience, promote positive workplace culture, and enhance professional effectiveness on **May 18-19, 2026, 8:00 AM to 5:00 PM at the Gabaldon Building, SDO Angeles City.**
2. The activity aims to:
  - 2.1. equip participants with knowledge and skills to promote mental health, emotional intelligence, and overall well-being in the workplace;
  - 2.2. enhance interpersonal communication, collaboration, and conflict-resolution skills to strengthen workplace relationships across schools and division offices.
  - 2.3. build a culture of support, positivity, and professional harmony through values-based practices and shared well-being strategies.
3. The participants to this activity are the Division and School Based Non-Teaching Personnel (Administrative Officer IV, Administrative Officer III, Administrative Officer II, Administrative Assistant III, Administrative Assistant II, Administrative Aide VI, Administrative Aide IV, Administrative Aide III, Administrative Aide I, Registrars and Legal Assistant I) and all division Unit Heads. The list of participants is attached as Enclosure 1 to this Memorandum.
4. This memorandum serves as **Authority to Travel** of the participants.




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5. Immediate and wide dissemination of and compliance to this Memorandum are earnestly desired.



**ENGR. EDGARD C. DOMINGO PhD CESO V**  
Schools Division Superintendent 

*Encl.: As stated*  
*Reference: As stated*  
*NTP CAPACITY BUILDING*  
*MCS/AOV/May 13, 2026*









Admin Officer IV
Admin Officer IV
TWG
TWG
TWG
TWG
TWG
Speaker
COA

MONARES, FERDINAND BONILLA
FROGOZO, DOMINGO
CAYANAN, ARSENIA YUTUC
OCAMPO, CAMILLE YUTUC
PUNZALAN, ARNIE SAMSON
MANANSALAN, MARGIE JACINTO
DELA CRUZ, PHILIP CEASAR TUAZON
PEROCHE, PATRICIA LOIS OCAMPO
ESTEBAN, CHRISTIANNE DESMONTE
CADAG, GENESIS OROLFO
CAPATI, EDNA EVARISTO
ESGUERRA, CHRISTINE JOY ESPIRITU
JOVEN, RIAN CANO
CASTRO, ROMWALD CATU
GUINTE, JOSE MARI SABLE
DEANG, CRISTIAN MUÑOZ
BATIR, MARIA LY-ANN RAMOS
DELA CRUZ, ROSALIND ISLA
QUINTO, MARY ANNE FLORES
MERCADO, LIZA PAMINTUAN
CORTEZ, ROJEN SASANA
SAMONTE, ELYZA GALVEZ
BAUTISTA , SAM JOSHUA CALUSA
GARCIA, ART ADRIAN CANLAS
MUNOZ, SHEILA GARCIA
DIZON III, JOSE AYSON
CABUYAO, MARY GRACE MALLARI
ORDOÑEZ, LAURENCE YABUT
DE LA ROSA, MICHAEL ANGELO CERERA
ZATA, JUDITH CABANELA
MORALES, JOCELYN DELA CRUZ
NACMAN, DEXTER BURTON
MIGUEL, CHRISTIAN VICTOR CHENG
TIMPUG, LUCILLA PANLILIO
BALTAZAR, JOYCE ANNE CORTEZ
GARCIA, ANNA RENEVA VILLANUEVA
TORRES, ANGELICA SALAS
DELA CRUZ, AIRA PATRICIA CORPUZ
DELA CRUZ, LOVELY JOY BALUYUT
QUIAZON, LALAINE MAE TOLENTINO
ALVAREZ, ARIES VARGAS
PUNZALAN, CAREN GABAY
BARIN, LANCELOT JUSTINE VITUG
DELA PEÑA, MA. LUCIA SAGMIT
GARCIA, EUGENE SARMIENTO
CABRERA, ADRIAN ALLEN AYSON
AYSON, BERNADETTE ESQUILLO
ALEGRE, JOSEPH CORPUZ

LOPEZ, JAN EMMANUEL PANLICAN
DOCTOR, MONIRA PINGUL
LACSON-MANABAT, WILMA MIRANDA
CANLAS, DUANE SUPAN
GOZUN, RONAJOYS CAYANAN
ESPINO, PETER DAVID
PAGUINTO, ERLIZ MERCADO
YUMUL, ZAIRA MAE FERNANDEZ
AGUINALDO, CHRISTLE LIONGSON
DAVID, DELMA CHRISTLE CALALANG
ARGETE, CHRISTINE LIM
QUIAMBAO, ROSELLE RONQUILLO
ZATA, MARY ANN LANSANGAN
MEDINA, JANE SHALLIMAR GABRILLO
TORRALBA, CHERISH GRACE SICAT
ALGOSO, JESSICA LOPEZ
CADAG, ROSE BAYONITO
RACOMA, JUNEMAR PASCUAL
BALINGIT, RACHELLE PAULA GUINTO
SALAZAR, PAOLO NUNAG
CORDOVA, STEPHANIE CAYANAN
YANGA, JOHN KEVIN TADEO
GARCIA, GLADYS EULALIA
ARCAJ, WENDY MARIE ARANTE
CHIN, ROSALIE GOMEZ
PANGILINAN, KATRINA ICBAN
LORIA, GARY JOEL MERCADO
NACPIL, LAWRENZE MANITI
VIRAY, DAVEY HAROLD EVANGELISTA
CASTRO, EDHELLYN DELA CRUZ
ALLAPITAN, NATHANIEL TANHUECO
VIRAY, JOSEPHINE CANLAS
CANASA, MINERVA RIVERA
RUBIN, FRITZIES DAUN
REYES, JOHN ANGEL QUITO
MIRANDA, ANALEE FABIANI
AMARO, JANET RUIZ
DAVID, MARIA ISABELA RIVERA
LUMBANG, MARY MICA CRISTOBAL
VITAL, RHODA REYES
MENDOZA, ANGELICA BATAK
FIGUEROA, DELLIA MANUEL
EUGENIO, RIGOR GONZALES
DAYRIT, CRYSTAL JOY SAMIA
JAIME, MARJORIE VERGARA
POLICARPIO, CATHERINE QUIBUYEN
TUAZON, JONIE LOBO
VERGARA, REYCHELLE DAVID
MERCADO, DANIELLE SALAS

VIDALLON, CRISTINA GOMEZ
SAGUM, MARIA CORAZON TONGOL
MAGHUYOP, KARL DAVID
GARCIA, CARMELA CHAN
GALANG, JONEL SALVADOR
JOVEN, REENA MACAUBA
MUSNGI, RUSSEL ESCULTOR
DELA BUENA, RYAN OSABEL
CALAGUAS, LADY CHARMAINE CARREON
CORTEZ, JOSEPHINE CABRERA
CUNANAN, HAYDEE DAVID
PARAS, EDNA MENESES
CONCEPCION, IMELDA KILALA
PANGILINAN, NIKKO LOUIS NACPIL
MASA, ELEONOR SWING
GEGANTE, WEDELINA BALAGA
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PANGANIBAN, FREDDIE LACSON
SONZA, JEAN GRAY
DIZON, JANE PAULA DIMABUYU
VALENCIA, MARYCHELLE CANLAS
AQUINO, HEIRY LEE TULABUT
DE JESUS, MARITONI FIGUEROA
GARCIA, CHRISTOPHER CASTILLO
TUAZON, PHOEBECATES NUNAG
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DIONICIO, JOSIELYN DE JESUS
SABLAY, MARITES GALSIM
CAYANAN, JOSEPH RAMESES GATBONTON
TORRES, CHARISSA JOY TURALLO
VELASQUEZ, JONATHAN REYES
SALDE, RENEN MONTOYA
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CABIGTING, MICHELLE SUPAN
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SANTOS, BIENVENIDO III MANINANG
ARONCE, SHERWIN CAPULONG
PARUNGAO, DIANNE GAILE TIGLAO
HERNANDEZ, JOSELL AQUINO
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LLANILLO, RYAN PAHIMNAYAN
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CALMA, ARTURO GUARIN
MANANSALA, HAROLD DAYRIT
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MERCADO, ROSAN ESGUERRA

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VICENTE, DENNIS PAGDANGANAN
SITTIE HANIMAH LIDASAN BALANG
VELASQUEZ, CARL ANJELLO TANGLAO
NUNAG, DIANA ROSS MAGDANGAL
MANABAT, JANESSA AYBZ GUEVARRA
NUNAG, CRISTINE FAJARDO
OCAMPO, MHICLEY MICLAT
NACPIL, NIÑO MANALOTO
DINCOL, ARNEL RANCE
DE LUNA, JOSHUA PABALAN
TIGLAO, JEROME ALERRE
SUNGA, JERICO GARCIA
GONZALES, RAYMOND IBE
SALUNGA, ARIEL CATANGHAL
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PANLILIO, MARIA THERESA CARREON
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