

**K to12 BASIC EDUCATION CURRICULUM
TECHNOLOGY AND LIVELIHOOD EDUCATION
HOME ECONOMICS – BEAUTY CARE (NAIL CARE) SERVICES
Grade 7/8 (Exploratory)**

Course Description: This curriculum guide is an exploratory course in **Beauty Care (Nail Care) Services** which leads to National Certificate Level II (NC II). It covers four common competencies that a Grade 7/8 Technology and Livelihood Education (TLE) student ought to possess, namely: 1) use of tools and equipment; 2) interpreting nail design; 3) practicing Occupational Health and Safety Procedures (OHSP); and 4) maintain tools, equipment and paraphernalia. The preliminaries of this exploratory course include the following: 1) discussion on the relevance of the course; 2) explanation of the key concepts relative to the course and; 3) exploration on career opportunities.

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
Introduction <ol style="list-style-type: none"> 1. Basic concepts in Beauty Care (Nail Care) Services 2. Relevance of the course 3. Career opportunities 	The learner demonstrates understanding of basic concepts and principles in Beauty Care (Nail Care) Services.	The learner independently demonstrates common competencies in Beauty Care (Nail Care) Services as prescribed in the TESDA Training Regulation.	<ol style="list-style-type: none"> 1. Explain basic concepts in Beauty Care (Nail Care) Services 2. Discuss the relevance of the course 3. Explore on opportunities for Beauty Care (Nail Care) Services as a career 	
PERSONAL ENTREPRENEURIAL COMPETENCIES - PECS				
<ol style="list-style-type: none"> 1. Assessment of Personal Entrepreneurial Competencies and Skills (PECs) vis-à-vis a practicing entrepreneur <ol style="list-style-type: none"> 1.1 Characteristics 1.2 Attributes 1.3 Lifestyle 1.4 Skills 1.5 Traits 2. Analysis of PECs in relation to a practitioner 	The learner demonstrates understanding of one's PECs.	The learner recognizes his/her PECs and compares with that of a practitioner/entrepreneur in Beauty Care (Nail Care) Services.	LO 1. Recognize PECs needed in Beauty Care (Nail Care) Services <ol style="list-style-type: none"> 1.1 Assess one's PECs: characteristics, attributes, lifestyle, skills, and traits 1.2 Compare one's PECs with that of a practitioner/entrepreneur 	TLE_PECS7/8-0k-1
ENVIRONMENT AND MARKET (EM)				
<ol style="list-style-type: none"> 1. SWOT Analysis <ol style="list-style-type: none"> 1.1 Key concepts on environment & market 1.2 Differentiation of products, services, customers and their buying habits 1.3 Competitors in the market 	The learner demonstrates understanding of the environment and market in Beauty Care (Nail Care) Services.	The learner independently creates a business idea based on the analysis of environment and market in Beauty Care (Nail Care) Services.	LO 1. Generate a business idea that relates with a career choice in Beauty Care (Nail Care) Services <ol style="list-style-type: none"> 1.1 Discuss SWOT analysis 1.2 Generate a business idea based on the SWOT analysis 	TLE_HEBC7/8EM-0k-1

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
LESSON 1:USE OF NAIL CARE TOOLS AND EQUIPMENT (UT)				
<ol style="list-style-type: none"> Nail Care tools and equipment Functions of Nail Care tools and equipment 	The learner demonstrates understanding of the use of tools and equipment in Nail Care Services.	The learner independently uses nail care tools and equipment in Nail Care Servicing.	LO 1. Prepare the necessary tools and equipment for the specific nail care activity 1.1 Classify the tools and equipment used in nail care 1.2 Identify the uses of tools and equipment in nail care according to task requirements 1.3 Use tools and equipment according to task requirement 1.4 Observe safety procedure of using tools and equipment	TLE_HEBC7/8UT-0a-b-1
LESSON 2: MAINTAIN TOOLS AND EQUIPMENT (MT)				
<ol style="list-style-type: none"> Procedure for sterilization and sanitation of Nail Care tools and equipment Classification of functional and non-functional tools and equipment 	The learner demonstrates understanding in maintaining tools and equipment in Nail Care Services.	The learner independently maintains tools and equipment in Nail Care Servicing.	LO 1. Check condition of nail care tools and equipment 1.1 Sterilize/sanitize nail care tools 1.2 Classify non-functional tools and equipment	TLE_HEBC7/8MT-0c-2
<ol style="list-style-type: none"> Cleaning agents Preventive maintenance technique and procedure 			LO 2. Perform basic preventive and corrective maintenance 2.1 Clean tools according to standard procedures 2.2 Inspected defective tools and equipment	TLE_HEBC7/8MT-0d-e-3
<ol style="list-style-type: none"> Inventory of tools and equipment Safekeeping of tools and equipment 			LO 3. Store nail care tools and equipment 3.1 Conduct the inventory of tools, and equipment 3.2 Store tools and equipment safely	TLE_HEBC7/8MT-0f-h-4
LESSON 3: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURES (OS)				
<ol style="list-style-type: none"> Protective outfit for Nail Care OHS workplace regulations Hazards and risks in beauty salons Common workplace hazards and preventive measures 	The learner demonstrates understanding in practicing occupational health and safety procedure in Nail Care Services.	The learner consistently practices occupational health and safety procedure in Nail Care Servicing.	LO 1. Keep workplace clean 1.1 Identify protective outfit for nail care 1.2 Identify hazards and risks 1.3 Explain workplace hazards and risks 1.4 Observe preventive precaution in the workplace	TLE_HEBC7/8MT-0i-5

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
LESSON 4: PRACTICE NAIL SHAPE (PN)				
1. Structures of Nail 2. Procedures in shaping nails	The learner demonstrates understanding in nail shapes in Nail Care Services.	The learner independently practice nail shapes in Nail Care Services.	LO 1. Identify nail structure and shapes 1.1 Identify nail structure and shapes 1.2 Perform nail trimmings to varied shapes	TLE_HEBC7/8MT-0j-6

**K to12 BASIC EDUCATION CURRICULUM
TECHNOLOGY AND LIVELIHOOD EDUCATION
HOME ECONOMICS – BEAUTY CARE (NAIL CARE) SERVICES
Grade 9 (Specialization)**

Course Description:

Beauty Care, one of the specialization courses offered in TLE, leads to TESDA qualification standard for National Certificate Level II (NC II). This covers the development of the learner’s knowledge, skills and attitude required in performing: 1) hand spa; 2) foot spa and; 3) manicure and pedicure.

Prerequisite: Grade 7/8 Nail Care Services

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
<p>Introduction</p> <ol style="list-style-type: none"> 1. Core concepts and principles of Beauty Care (Nail Care) Services 2. Relevant topics of the course 3. Employment opportunities 4. Business opportunities 5. Further studies 	The learner demonstrates understanding of concepts and principles in beauty care (nail care) services.	The learner independently performs beauty care (nail care) services.	<ol style="list-style-type: none"> 1. Explain the core concepts and principles of manicure and pedicure, hand spa, and foot spa 2. Discuss topics which relate to beauty care services as a course 3. Explore job/entrepreneurial opportunities for beauty care services 4. Choose related courses to pursue 	
CONCEPT REVIEW				
PERSONAL ENTREPRENEURIAL COMPETENCIES - PECs (PC)				
<ol style="list-style-type: none"> 1. Dimensions of Personal Entrepreneurial Competencies <ol style="list-style-type: none"> 1.1 Three Clusters of PECs (Achievement, Planning, Power Clusters) 1.2 Characteristics 2. Assessment of Personal Competencies and Skills (PECs) 	The learner comprehends Personal Entrepreneurial Competencies – its dimensions and characteristics.	The learner recommends specific strategies to improve ‘weak’ areas and sustain ‘strong’ areas of their PECs.	<p>LO 1. Assess Personal Entrepreneurial Competencies</p> <ol style="list-style-type: none"> 1.1 Explain dimensions/clusters of PECs and the different characteristic traits per cluster 1.2 Evaluate one’s PECs 	TLE_PECs9-Ik-1
BUSINESS ENVIRONMENT AND MARKET (EM)				
<ol style="list-style-type: none"> 1. Factors included in the Business Environment 2. Spotting and Identifying Business Opportunities 	The learner demonstrates understanding of the different factors that influence the business environment	<ol style="list-style-type: none"> 1. The learner analyzes how factor influence the business environment. 2. The learner relates experience in generating business ideas or identifying business 	<p>LO 2. Understand the business environment and business ideas</p> <ol style="list-style-type: none"> 2.1 Explain how different factors influence the business environment 2.2 Explain procedures for generating business ideas or identifying business opportunities 	TLE_EM9-Ik-2

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
		opportunities.	2.3 Generate business ideas and identify business opportunities	
QUARTER 1 LESSON 1: PERFORM HAND AND FOOT SPA (HS)				
<ol style="list-style-type: none"> 1. Nail structure and conditions 2. Nail diseases and disorders 3. Benefits of spa treatment 4. Types of spa treatment 5. Hand/foot spa machine, tools, supplies and equipment 6. Care of foot spa machine, tools, supplies and equipment 7. Steps in giving hand/foot spa treatment 8. Pre-hand spa treatment 9. Hand spa treatment 			<p>LO1. Apply hand treatment</p> <ol style="list-style-type: none"> 1.1 Check and analyze condition of clients hand 1.2 Wash client’s hand with lukewarm water and soap, and towel-dry before and after scrubbing 1.3 Prepare and use necessary tools and supplies/materials according to OHSC requirements 1.4 Determine and test appropriate temperature for heat tolerance of client 1.5 Soak hands for 4 seconds for 3 consecutive times in wax and wrap with plastic gloves and mittens 1.6 Remove wax from hands according to manufacturer’s instructions 1.7 Apply hand softening product and massage according to prescribed procedure 1.8 Advise client after service on maintenance program 1.9 Confirm and record client’s desired service outcome 	TLE_HEBC9HS-Ia-g-1
<ol style="list-style-type: none"> 10. Post hand spa activity <ol style="list-style-type: none"> 10.1 storing and sanitation techniques 10.2 service maintenance program 10.3 good housekeeping 11. Proper waste disposal 	The learner demonstrates understanding of concepts and principles in hand spa.	The learner independently performs hand spa.	<p>LO2. Perform post hand activity</p> <ol style="list-style-type: none"> 2.1 Dispose waste products including used wax according to OHSC and Department of Health requirements. 2.2 Sanitize and store tools and equipment. 2.3 Clean and sanitize work station for the next treatment activity 	TLE_HEBC9HS-Ih-j-2

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
LESSON 2: PERFORM FOOT SPA (FS)				
1. Foot spa procedures 2. Client safety and comfort 1.3 foot and nail analysis 1.4 client relation 2. Foot spa machine, tools, supplies and equipment 3. Basic foot massage techniques 4. Pre-foot spa treatment 5. Foot spa treatment	The learner demonstrates understanding of concepts and principles in foot spa.	The learner independently performs foot spa.	LO1. Apply foot spa 1.1 Check and analyze condition of foot nails 1.2 Ensure client's safety and comfort prior to foot spa activity 1.3 Wash feet with warm water and soap before and after scrubbing 1.4 Towel dry feet and apply with appropriate lotion 1.5 Set foot spa machine to regulate heat and achieve required melting of wax 1.6 Prepare and use necessary tools and supplies/materials according to OHSC requirements 1.7 Determine and test appropriate temperature for heat tolerance of client 1.8 Soak foot for 4 seconds for 3 consecutive times in wax and wrap with plastic gloves and mittens 1.9 Remove wax from foot according to manufacturer's instructions 1.10 Apply foot softening product and massage according to prescribed procedure 1.11 Advise client after service on maintenance program 1.12 Confirm with client desired service outcome and to be recorded	TLE_HEBC9FS-IIa-g-3
6. Post foot spa activity 6.1 storing and sanitation techniques 6.2 service maintenance program 6.3 good housekeeping			LO2. Perform post foot spa activity 2.1 Dispose waste products including used wax according to OHSC and Department of Health requirements. 2.2 Sanitize and store tools and	TLE_HEBC9FS-IIh-j-4

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			finger 2.3 Select color of the nail polish as agreed according to customer's desire or requirements 2.4 Apply nail polish from the base to the edge of the nail using light sweeping stroked around the cuticle 2.5 Apply top or seal coat with long strokes in the same manner as the base coat 2.6 Check and analyze outcome according to the clients nail service requirements. 2.7 Remove excess polish around the cuticle and nail using appropriate tool 2.8 Clean working area according to salon's policies and procedures 2.9 Advise client on nail maintenance practices	
QUARTER 4 Lesson 3. CREATE FANCY NAIL DESIGNS				
1. Application of Fancy designs on finger nails and toenails 1.1 Types of Fancy nail designs Free- hand nail art <ul style="list-style-type: none"> • Use of nail art stickers • Use of nail art stamping • Use of nail accessories • Water marbling 2.1 Different nail designing tool 3.1 Procedure in fancy nail designs			LO 1. Perform different fancy designs on finger nails and toe nails 1.1 Prepare nails for cleaning 1.2 Apply nail products according to manufacturer's recommendation 1.3 Consult clients from time to time to ensure safety and comfort during the entire process 1.4 Apply fancy nail designs 1.5 Result are checked <ul style="list-style-type: none"> 1.5.1well-balanced 1.5.2smooth 1.5.3neat and free from excess product on cuticle and nail walls 1.6 Client is advised on after-nail-care service	TLE_HEBC9PMP-III/IVa-r-6

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			1.7 Advise client on nail maintenance practices 1.8 Dispose waste properly according to waste environment and safety regulations 1.9 Clean sanitize work station in accordance with OH&S requirements.	

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CODE BOOK LEGEND**

Sample: TLE_HEBC9FS-IIh-j-4

LEGEND		SAMPLE	
First Entry	Learning Area and Strand/ Subject or Specialization	Technology and Livelihood Education_Home Economics Beauty Care (Nail Care)	TLE_HE BC 9
	Grade Level	Grade 9	
Uppercase Letter/s	Domain/Content/ Component/ Topic	Perform Foot Spa	FS
			-
Roman Numeral <i>*Zero if no specific quarter</i>	Quarter	Second Quarter	II
Lowercase Letter/s <i>*Put a hyphen (-) in between letters to indicate more than a specific week</i>	Week	Week Nine to Ten	h-j
			-
Arabic Number	Competency	Perform post foot spa activity	4

DOMAIN/ COMPONENT	CODE
Personal Entrepreneurial Competencies	PECS
Environment and Market	EM
Use of Nail Care Tools and Equipment	UT
Maintain Tools and Equipment	MT
Practice Occupational Health and Safety Procedures	OS
Practice Nail Shape	PN
Perform Foot Spa	FS
Perform Manicure and Pedicure	PMP