



Republic of the Philippines  
DEPARTMENT OF EDUCATION



## **K to 12 BASIC EDUCATION CURRICULUM**

**TECHNOLOGY AND LIVELIHOOD EDUCATION**

# **CURRICULUM GUIDE**

**Exploratory Course on**

**BEAUTY CARE (NAIL CARE) SERVICES**

K to 12 TECHNOLOGY AND LIVELIHOOD EDUCATION

**HOME ECONOMICS – BEAUTY CARE (NAIL CARE) SERVICES  
(Exploratory)**

**Curriculum Guide for the Exploratory Course on Beauty Care (Nail Care) Services**

For you to get a complete picture of the complete TLE exploratory course on Beauty Care (Nail Care) Services, you are hereby provided with the Curriculum Guide on Beauty Care (Nail Care) Services.

Content Standard	Performance Standard	Learning Competencies	Project/ Activities	Assessment	Duration
<b>LESSON 1: USE OF NAIL CARE TOOLS AND EQUIPMENT</b>					
<p><i>Demonstrate understanding on:</i></p> <ul style="list-style-type: none"> <li>Nail care tools and equipment</li> </ul>	<ol style="list-style-type: none"> <li>Tools and equipment are prepared based on salon procedure and policies.</li> <li>Tools and equipment are identified and checked according to task requirements.</li> </ol>	<p>LO1. Prepare the necessary tools and equipment for the specific nail care activity.</p>	<ul style="list-style-type: none"> <li>Identify different tools and equipment according to task requirement.</li> <li>Prepare the necessary tools, materials and equipment for the specific nail care services.</li> </ul>	<ul style="list-style-type: none"> <li>Performance test</li> <li>Written examination</li> </ul>	3 hrs.
<ul style="list-style-type: none"> <li>Uses of nail care tools and equipment</li> </ul>	<ol style="list-style-type: none"> <li>Tools and equipment are used according to task requirements.</li> <li>Safety procedure of using tools and equipment are observed.</li> </ol>	<p>LO2. Use nail care tools and equipment.</p>	<ul style="list-style-type: none"> <li>Demonstrate the proper use of nail care tools and equipment.</li> </ul>	<ul style="list-style-type: none"> <li>Written test</li> <li>Performance test</li> </ul>	4 hrs.
<b>LESSON 2 : MAINTAIN TOOLS AND EQUIPMENT</b>					
<p>Demonstrate understanding</p> <ol style="list-style-type: none"> <li>Procedures for sterilization and sanitation of nail care tools and equipment</li> </ol>	<ol style="list-style-type: none"> <li>Procedures for sterilization and sanitation of nail care tools and equipment are followed</li> </ol>	<p>LO1. Check condition of nail care tools and</p>	<ul style="list-style-type: none"> <li>Practical application on the proper handling and care of tools and equipment</li> </ul>	<ul style="list-style-type: none"> <li>Performance test</li> <li>Written test</li> </ul>	3 hrs.

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<p>2. Classification of functional and non functional tools and equipment</p> <p>3. Safekeeping and storage of tools and equipment</p> <p>4. PPE</p>	<p>2. Non- functional tools and equipment are segregated and labeled according to classification</p> <p>3. Tools and equipment are safely stored in accordance with salon requirements and local health regulations</p> <p>4. Conditions of PPE are checked in accordance with manufacturer's instruction</p>	<p>equipment</p>	<p>through group activities</p>		
<p>1. Safekeeping of equipment and tools</p> <p>2. Preventive maintenance technique and procedures</p> <p>3. OHS workplace regulations</p>	<p>1. Nail care tools and equipment are identified</p> <p>2. Appropriate cleaning procedure of nail care tools and equipment are applied.</p> <p>3. Tools are cleaned according to standard procedures.</p> <p>4. Defective equipment and tools are inspected and replaced according to manufacturer's specification.</p> <p>5. Workplace is cleaned and kept in safe state in line with OHS regulations</p>	<p>LO2. Perform basic preventive and corrective maintenance</p>	<p>Activity 1</p> <p>Practical demonstration of proper way of keeping the workplace clean and safe to individual clients</p> <p>Student's demonstration on sanitizing equipment and implements</p>	<ul style="list-style-type: none"> <li>• Written test</li> <li>• Performance test</li> </ul>	<p>3 hrs.</p>

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1 Inventory of tools and equipment  2. Tool safekeeping/storage	1.Inventory of tools, instruments and equipment are conducted and recorded per salon practices.  2 .Tools and equipment are stored safely in accordance with manufacturer’s specifications or salon procedure.	LO3.Store nail care tools and equipment	Demonstration of the proper way of storing tools and equipment  Group activity showing the inventory procedure in a simulated workplace.	Performance test  Written tests.	4 hrs
<b>LESSON 3: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURES</b>					
<i>Demonstrate understanding :</i>  • Hazards and Risks Common in Beauty salons	1. Work place hazards and risks are identified and clearly explained. 2. Hazards and risks and its corresponding indicators are identified in the workplace. 3. Effects of hazards are determined.	LO1.Identify hazards and risks.	Venn Diagram Hazard Recognition Activity.	• Written examination  • Performance test	4hrs
• Common workplace hazards and their control measures ➤ Electricity ➤ Chemical hazard ➤ Slips, Trips, Falls ➤ Fire hazard ➤ Manual handling ➤ Biological hazard	1. Terms of maximum tolerable limits are identified based on threshold limit values (TLV). 2. Effects of hazards are determined. 3. OHS issues and concerns are identified in accordance with workplace requirements 4. Sets of personal clothing	LO2. Evaluate and control hazards and risks	• Interview • Film clips	• Written examination • Performance Evaluation	6 hrs

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➤ Ergonomics hazards	equipment are used				
<b>LESSON 4: PRACTICE BASIC NAIL DESIGNS</b>					
<p><i>Demonstrate understanding on:</i></p> <ul style="list-style-type: none"> <li>Structures of nail</li> <li>Nail shapes</li> <li>Nail disorders and diseases</li> </ul>	<ol style="list-style-type: none"> <li>Nail structure and shapes are identified</li> <li>Nails are trimmed and varied shapes are applied;</li> <li>Nail disorders and diseases are identified</li> </ol>	LO1. Identify nail structure , shapes and nail diseases / disorders .	<ul style="list-style-type: none"> <li>Trimming nails applying the different basic nail shape</li> </ul>	<ul style="list-style-type: none"> <li>Written test</li> </ul>	3 hrs.
<ul style="list-style-type: none"> <li>Basic nail designs</li> </ul>	<ul style="list-style-type: none"> <li>Different nail designs are explained and demonstrated thru visuals.</li> <li>Different basic nail designs are demonstrated in mock nails</li> </ul>	LO2. Create basic nail designs.	Project making - Basic nail designs in mock nails	<ul style="list-style-type: none"> <li>Performance test</li> <li>Written test</li> </ul>	10 hrs

“By three methods we may learn wisdom: First, by reflection, which is noblest; second, by imitation, which is easiest; and third by experience, which is the bitterest.”

**- Confucius**