



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF ANGELES CITY

10 September 2026

DIVISION MEMORANDUM

No. _____, s. 2026

**SUSPENSION OF THE CONDUCT OF THE DISTRICT AND PUBLIC HIGH
SCHOOL ATHLETIC MEETS**

To: Assistant Schools Division Superintendent
Division Chiefs
Public Schools District Supervisors
School Principals of Public Elementary and Secondary Schools

1. Pursuant to the DepEd Memorandum issued on September 8, 2026, entitled **“Observance of the Two-Day Wellness Break for Teachers,”** no meetings, trainings, Learning Action Cell (LAC) sessions, school activities, reporting requirements, submissions, asynchronous deliverables, or other official work shall be required of teachers during the prescribed wellness break.
2. In view of the foregoing, the Schools Division Office hereby **suspends the conduct of the District and Public High School Athletic Meets scheduled for September 11–12, 2026, and September 14–15, 2026, until further notice.** This measure is intended to ensure that the conduct of the scheduled athletic activities does not conflict with the prescribed wellness breaks of learners and teachers, thereby safeguarding the intended purpose of the wellness breaks and promoting their effective implementation.
3. All concerned offices and officials are directed to ensure the widest dissemination and strict compliance with this memorandum.

ENGR. EDGARD [REDACTED] O PhD, CESO V
Schools Division superintendent *glw*

References: DO 09, 2026
DM issued on 09/ 08/2026

To be indicated in the Perpetual Index
Under following subjects:

GUIDELINES WELNESS BREAKS

PYC/EPSvr-SGOD/September 10, 2026